

The Sacred Heart Language College

Daily Prayer



Half Term 1 – Week 3



Monday



We begin our prayer for today by inviting you to make the sign of the cross.



We invite a pupil to come forward and click to light our virtual candle.



Monday



DREAM VILLAIN



Monday



Rosh Hashanah

Happy Jewish New Year!

This weekend, our Jewish brothers and sisters celebrated Rosh Hashanah, the Jewish New Year, a time for reflection, gratitude, and new beginnings. As we begin this new week, we wish everyone observing Rosh Hashanah a happy, healthy, and successful year ahead. The Jewish High Holy Days continue with Yom Kippur next weekend, a day focused on prayer, forgiveness, and reconciliation.





Monday



Lord,
We thank You for the gift of faith,
community, and new beginnings. We pray
for our Jewish brothers and sisters as they
celebrate Rosh Hashanah and prepare for
Yom Kippur, that this holy season may bring
peace, hope, and blessings to them and
their families.

Amen.





Monday



Confident in God's Love for us. **We commit ourselves to His service.**

We conclude our prayer in the name of the Father.....



Chaplaincy Reps Please
complete the worship
record.

&

Find volunteers to lead
tomorrow's prayer.



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DREAM VILLAIN



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This Sunday, 13th of September, was Catholic Education Day.

We give thanks for the gift of Catholic education and we remember the life and service of Euphrasie Barbier, the mother foundress of the Sisters of Our Lady of the Missions, who founded our school.





Tuesday



Euphrasie dedicated her life to bringing the Gospel through education, especially to those on the margins. She inspired generations of educators to form young people in faith, wisdom, and compassion.

She believed that education was far more than the transmission of knowledge. It was a sacred mission that helped people discover their own dignity and the dignity of others, as well as their responsibility to build a more just and loving world. Her vision led her beyond the borders of her homeland to establish schools and communities where faith and learning could flourish together.



Tuesday



Let us pray, not only in our time before the Blessed Sacrament, but in coming and going, in the midst of our daily occupations, so that our soul and our heart may be always intimately united with God, interiorly occupied in adoring Him, in loving Him, in praying to Him.

Euphrasie Barbier, February 1877



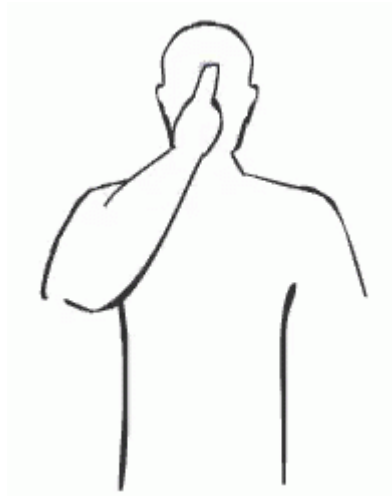


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Word Wednesday



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Word Wednesday





Word Wednesday



**On Wednesday we take time to reflect on
Sacred Scripture.**

**We will listen to and reflect on Sunday's
Gospel.**





Word Wednesday



Reader: A reading from the Holy Gospel
according to Matthew.

All: Glory to you O Lord (3 Crosses).





Word Wednesday



At that time: Peter came up and said to Jesus, ‘Lord, how often will my brother sin against me, and I forgive him? As many as seven times?’ Jesus said to him, ‘I do not say to you seven times, but seventy times seven.

‘Therefore the kingdom of heaven may be compared to a king who wished to settle accounts with his servants. When he began to settle, one was brought to him who owed him ten thousand talents. And since he could not pay, his master ordered him to be sold, with his wife and children and all that he had, and payment to be made. So the servant fell on his knees, imploring him, “Have patience with me, and I will pay you everything.” And out of pity for him, the master of that servant released him and forgave him the debt. But when that same servant went out, he found one of his fellow servants who owed him a hundred denarii, and seizing him, he began to choke him, saying, “Pay what you owe.” So his fellow servant fell down and pleaded with him, “Have patience with me, and I will pay you.” He refused and went and put him in prison until he should pay the debt. When his fellow servants saw what had taken place they were greatly distressed, and they went and reported to their master all that had taken place. Then his master summoned him and said to him, “You wicked servant! I forgave you all that debt because you pleaded with me. And should not you have had mercy on your fellow servant, as I had mercy on you?” And in anger his master delivered him to the jailers, until he should pay all his debt. So also my heavenly Father will do to every one of you, if you do not forgive your brother from your heart.’



Word Wednesday



Reader: The Gospel of the Lord

All: Praise to you Lord Jesus Christ





Word Wednesday



Reflection

In Sunday's Gospel, Jesus teaches us the importance of forgiveness. When Peter asks how many times he should forgive someone who has wronged him, Jesus responds by saying "seventy times seven", showing that forgiveness should have no limits. Through the parable of the unforgiving servant, Jesus reminds us that God shows us great mercy and forgiveness every day. Because we have received God's love and mercy, we are called to extend that same kindness and forgiveness to others. Forgiving can be difficult, especially when we have been hurt, but Jesus asks us to forgive from the heart and to treat others with the same compassion that God shows to us.



Word Wednesday



Call to Action

This week, think about someone you may be holding a grudge against or someone who has upset you. Take one step towards forgiveness, whether it is offering a kind word, saying sorry, giving someone a second chance, or praying for them. By choosing forgiveness and mercy, we help build stronger relationships and live as true followers of Jesus.



Word Wednesday



Lord,

Thank You for Your endless mercy and forgiveness. Help us to forgive others as You forgive us. Give us the strength to let go of anger, show compassion, and treat others with kindness and understanding. May our hearts be filled with mercy so that we can bring Your peace and love to those around us.

Amen.



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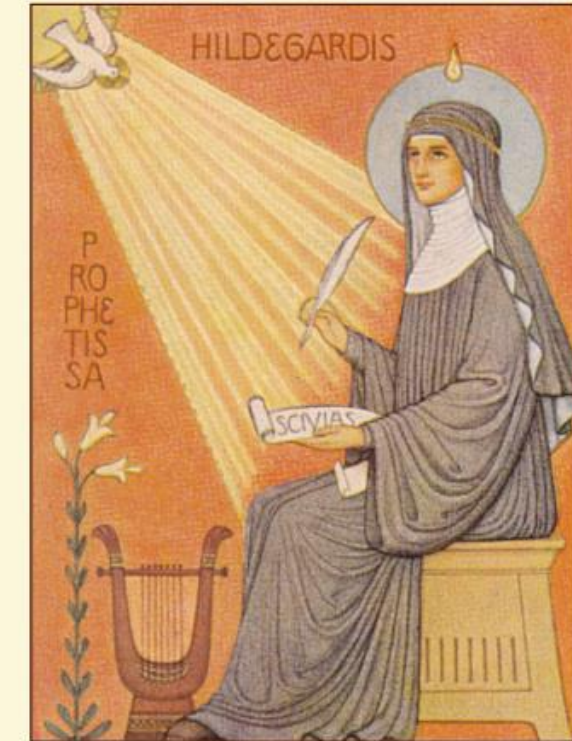


Thursday



September 17th is the Feast of St Hildegard von Bingen.

St Hildegard was a remarkable woman of faith, learning, and leadership in the Church. A Benedictine abbess, writer, scientist, and composer, St Hildegard used her God-given gifts to deepen understanding of the world and to share wisdom with others. She reminds us that education is a precious gift and that the talents of women can make a profound difference in society, the Church, and the wider world. As a girls' school, we are inspired by her example to pursue knowledge with curiosity, confidence, and courage.



St. Hildegard of Bingen

Mystic & Doctor of the Church

c.1098 - 1179

Memorial - 17 September

"I heard a voice from Heaven saying to me, 'Cry out therefore, and write thus!'"



Thursday



FEAST OF ST. HILDEGARD OF BINGEN

VIRGIN AND
DOCTOR OF
THE CHURCH

SEPTEMBER 17

✠ Prayer:

O God, who blessed St. Hildegard with heavenly visions and wisdom, grant that we may open our hearts to Your divine inspiration. May her example of faith and creativity lead us closer to You in holiness and love. Through Christ our Lord. Amen.





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Friday





Friday



A novena is a Catholic devotion in which prayers are offered on nine consecutive days (or weeks) to seek God's grace, give thanks, or prepare for an important feast or celebration.

Today, we will pray the first day of a novena asking St Francis of Assisi to pray for us and for our world. Inspired by his beautiful *Canticle of the Sun*, these short reflections encourage us to praise God for the gift of creation and to care for those who are most in need.

If you would like to continue praying the novena, you can find it on the CAFOD website: “Novena to St Francis”.



Friday



1. **Sun:** We pray that our eyes may be opened to see God's glory reflected in the wonders of all creation.
2. **Night Sky:** We pray for God's guidance, that we may share his love with all creation.
3. **Wind and air:** We pray for a more just world, where those who are poor are not further disadvantaged by the burden of debt.
4. **Water:** We pray that all people to have access to safe water.
5. **Fire:** We pray that the Holy Spirit may burn within us, moving us to make a change for a better world.
6. **Earth:** We pray that nourished by God's love we can play our part in ensuring that people and the earth may flourish.
7. **Those who suffer:** We pray that our ears may be opened to "the cry of the earth and the cry of the poor" and our hearts moved to respond.
8. **Peace:** We pray for the peace to plant seeds of justice, peace, and hope for all creation.
9. **Creation:** We pray for a spirit of generosity, that we may give of ourselves to one another.



Friday



Following the example of St Francis during his Jubilee Year, we pray together:

*We adore you,
Lord Jesus Christ,
here, and in all your churches
throughout the whole world,
and we bless you,
for by your holy cross you
have redeemed the world.*

(Saint Francis of Assisi)





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