

Autumn Term 1 – Careers Plan

Year Group	Activities
7	-Assembly -Introduce Unifrog (SW) -Get all pupils signed up to Unifrog (send out QR code on Arbor -SW) -Get all pupils to do a personality quiz on Unifrog (SM checks and emails tutors)
8	-Assembly -Introduce Unifrog (SW) -Get all pupils signed up to Unifrog (send out QR code on Arbor- SW) -Get all pupils to do a personality quiz on Unifrog (SM checks and emails tutors)
9	-Assembly -Introduce Unifrog (SW) -Get all pupils signed up to Unifrog (send out QR code on Arbor - SW) -Get all pupils to do a personality quiz on Unifrog (SM checks and emails tutors)
10	-Assembly -Introduce work experience & Unifrog (SW) -Work experience lessons in PCT (SW) -Accessing Unifrog resources on work experience -Email home 'Parent Guide to Work Experience'
11	-Assembly-Post 16 Options & Introduction to Unifrog (16th September) SW -Assembly-St Dominics (26th September) -Post 16 options lessons in PCT -Accessing Unifrog resources on post 16 -Careers Fair at Salvatorian College (10th October) -Alumni Future Friday talk -Careers Adviser 1:1 Guidance (K. Bartlett) -Parent workshops on careers (7th October evening)

Key



Assembly



Alumni



Parents



Unifrog



Careers Fair



Careers Talk



Careers Lessons



Careers Adviser 1:1 Guidance



Trips

Autumn Term 2 – Careers Plan

Year Group	Activities
7	-Get all pupils to do an interests quiz on Unifrog (SW checks and emails tutors) -Searching for careers in the careers library section of Unifrog -Careers lessons in PCT (SW) - Alumni talk over Zoom 27th November
8	-Get all pupils to do an interests quiz on Unifrog (SW checks and emails tutors) -Get all pupils to read the 'growth mindset' guide on Unifrog -Understanding Labour Market Information (LMI) on Unifrog -Careers lessons in PCT (SW) - Alumni talk over Zoom 27th November
9	-Year 9 watch a webinar on 'Choosing your GCSE subjects' on 2nd December at 4.30pm on Unifrog
10	-Accessing Unifrog resources on work experience -Adding work experience placements on Unifrog -Careers Adviser 1:1 Guidance (K. Bartlett)
11	-Accessing Unifrog resources on post 16 -Careers Adviser 1:1 Guidance (K. Bartlett)

Key



Assembly



Alumni



Parents



Unifrog



Careers Fair



Careers Talk



Careers Lessons



Careers Adviser 1:1 Guidance



Trips

Spring Term – Careers Plan

Year Group	Activities
7	-Year 7 trip to North London Collegiate 16th January - National Apprenticeship week 9th-15th February/National Careers week 2nd-6th March careers lessons
8	--Year 8 trip to North London Collegiate 12th March - National Apprenticeship week 9th-15th February/National Careers week 2nd-6th March careers lessons -Baroness Garden talk about her work and the House of Lords 20th March
9	-Careers lessons in PCT (SW) -Assembly-GCSE Options (27th February) SOG -Assembly-GCSE Options (4th March) Kathryin Bartlett (Careers Adviser) -National Apprenticeship week 9th-15th February/National Careers week 2nd-6th March careers lessons
10	-Accessing Unifrog resources on work experience -Adding work experience placements on Unifrog -Careers Adviser 1:1 Guidance (K. Bartlett) -Oxford trip 12th February - National Apprenticeship week 9th-15th February/National Careers week 2nd-6th March careers lessons
11	-Accessing Unifrog resources on post 16 -Careers Adviser 1:1 Guidance (K. Bartlett) -Careers Fair – St Dominics 26th January -Careers Talk West Herts College -National Apprenticeship week 9th-15th February/National Careers week 2nd-6th March careers lessons -St Dominic's 6th Form Interviews January 2026

Key



Assembly



Alumni



Parents



Unifrog



Careers Fair



Careers Talk



Careers Lessons



Careers Adviser 1:1 Guidance/Interviews



Trips

Summer Term – Careers Plan

Year Group	Activities
7	Accessing Unifrog resources on careers
8	Accessing Unifrog resources on careers
9	-Accessing Unifrog resources on work experience -Writing a CV and uploading into Unifrog -Year 9 Careers Day 9 th July 2026 -Workshop on interview skills -Year 9 Careers Day 9 th July 2026 -Workshop on work experience – Year 9 Careers Day 9 th July 2026 -Workshop on body language, presence and confidence – Year 9 Careers Day 9 th July 2026
10	-Accessing Unifrog resources on work experience -Adding work experience placements on Unifrog -Careers Adviser 1:1 Guidance (K. Bartlett) -Assembly-Work Experience (4 th June) SW -Careers lessons in PCT (SW) -Work Experience 17 th -19 th June -Motivational speaker 8 th July
11	-Accessing Unifrog resources on post 16 -Careers Adviser 1:1 Guidance (K. Bartlett)

Key



Assembly



Work Experience



Parents



Unifrog



Careers Fair



Careers Talk



Careers Lessons



Careers Adviser 1:1 Guidance/Interviews



Trips