

The Sacred Heart Language College

Daily Prayer



Half Term 5 – Week 2



Monday 'Peace be with you'



We begin our prayer for today by inviting you to make the sign of the cross.



We invite a pupil to come forward and click to light our virtual candle.



Monday 'Peace be with you'



DREAM VILLAIN



Monday 'Peace be with you'



Today is Volunteer Recognition Day.

What is volunteering? Have a look at the attached video:





Monday 'Peace be with you'



Thank you to all those who volunteer for the good of our school community:

- **The Form Chaplains**
- **The Altar Servers**
- **The Readers**
- **The Eucharistic Ministers**
- **The Eco Reps**
- **The Charity Reps**





Monday 'Peace be with you'



How can you volunteer?

Catholic volunteer opportunities for teenagers (11–18) focus on faith-based service, leadership, and social justice.

Key organisations include:

- **CAFOD**, which works for global justice
- **Aid to the Church in Need**, which provides support and relief
- **Caritas Westminster**, which runs local community projects
- **Catholic Association Youth**, which offers pilgrimage-based service opportunities

Opportunities include helping at local food banks, visiting the elderly, and taking on leadership roles within the parish.





Monday 'Peace be with you'



Common Local Activities for Teens

- **Visiting the elderly or housebound:** providing companionship
- **Food bank assistance:** helping to collect and distribute food
- **Environmental campaigns:** taking part in “justice and peace” initiatives
- **Youth ministry assistance:** supporting younger children in parish programmes

Westminster and Aid to the Church in Need offer dedicated roles for young volunteers.





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We pray together:

Loving God, May we be inspired by the great witness to mercy provided by those who volunteer their time, skills, and resources in the service of others. In doing so, these generous individuals make the love of Christ visible in the world. May we imitate their example, as we ask to be humble instruments in your hands to alleviate the world's sufferings, and to share the joy and hope of the resurrection.

Amen.



Monday 'Peace be with you'



Confident in God's Love for us. **We commit ourselves to His service.**

We conclude our prayer in the name of the Father.....



Chaplaincy Reps Please complete the worship record.

&

Find volunteers to lead tomorrow's prayer.



Tuesday 'Peace be with you'



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Our CST focus for this half-term is the rights and dignity of workers.
Let us take a moment to reflect on the dignity of work and of all workers.
This is a key principle of Catholic Social Teaching.

CST 101 The Dignity of Work and the Rights of Workers





Tuesday 'Peace be with you'



We pray together:

Lord, make me an instrument of your peace.
Where there is hatred, let me sow love;
where there is injury, pardon;
where there is error, the truth;
where there is doubt, the faith;
where there is despair, hope;
where there is darkness, light;
and where there is sadness, joy.



Tuesday 'Peace be with you'



O Divine Master, grant that I may not so much seek to be consoled, as to console;
to be understood, as to understand;
to be loved, as to love.

For it is in giving that we receive;
it is in pardoning that we are pardoned;
and it is in dying that we are born to eternal life.

Amen.



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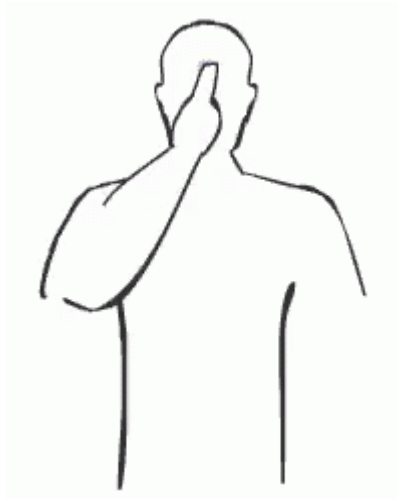
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Word Wednesday 'Peace be with you'



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Word Wednesday 'Peace be with you'



DREAM VILLAIN



Word Wednesday 'Peace be with you'



On Wednesday we take time to reflect on Sacred Scripture.

We will listen to and reflect on the Gospel of Matthew.

Chaplaincy Reps, please read the Word of God in your role as a Ministers of the Word.





Word Wednesday 'Peace be with you'



Reader: A reading from the Holy Gospel
according to Matthew

All: Glory to you O Lord (3 Crosses)
(3 crosses Forehead, Heart, and Lips)





Word Wednesday 'Peace be with you'



This week is the third week of Easter.

The disciples are coming to terms with the events of Christ's crucifixion and His Resurrection from the dead. They are afraid of what the future holds for them. Sunday's Gospel is known as the 'Road to Emmaus'.



Word Wednesday 'Peace be with you'





Word Wednesday 'Peace be with you'



Reader: A reading from the Holy Gospel
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Word Wednesday 'Peace be with you'



A reading from the Holy Gospel according to Luke:

He was known to them in the breaking of the bread. On the first day of the week, two of the disciples of Jesus were going to a village named Emmaus, about seven miles from Jerusalem, and they were talking with each other about all these things that had happened. While they were talking and discussing together, Jesus himself drew near and went with them. But their eyes were kept from recognising him. And he said to them, 'What is this conversation that you are holding with each other as you walk?' And they stood still, looking sad. Then one of them, named Cleopas, answered him, 'Are you the only visitor to Jerusalem who does not know the things that have happened there in these days?'



Word Wednesday 'Peace be with you'



And he said to them, ‘What things?’ And they said to him, ‘Concerning Jesus of Nazareth, a man who was a prophet mighty in deed and word before God and all the people, and how our chief priests and rulers delivered him up to be condemned to death, and crucified him. But we had hoped that he was the one to redeem Israel. Yes, and besides all this, it is now the third day since these things happened. Moreover, some women of our company amazed us. They were at the tomb early in the morning, and when they did not find his body, they came back saying that they had even seen a vision of angels, who said that he was alive.



Word Wednesday 'Peace be with you'



Some of those who were with us went to the tomb and found it just as the women had said, but him they did not see.' And he said to them, 'O foolish ones, and slow of heart to believe all that the prophets have spoken! Was it not necessary that the Christ should suffer these things and enter into his glory?' And beginning with Moses and all the Prophets, he interpreted to them in all the Scriptures the things concerning himself. So, they drew near to the village to which they were going. He acted as if he were going further, but they urged him strongly, saying, 'Stay with us, for it is towards evening and the day is now far spent.' So, he went in to stay with them.



Word Wednesday 'Peace be with you'



When he was at table with them, he took the bread, and blessed, and broke it, and gave it to them. And their eyes were opened, and they recognised him. And he vanished from their sight. They said to each other, 'Did not our hearts burn within us while he talked to us on the road, while he opened to us the Scriptures?' And they rose that same hour and returned to Jerusalem. And they found the Eleven and those who were with them gathered together, saying, 'The Lord has risen indeed, and has appeared to Simon!' Then they told what had happened on the road, and how he was known to them in the breaking of the bread.



Word Wednesday 'Peace be with you'



Jesus Walks with You in Doubt: The disciples were walking away from Jerusalem in despair and fear, failing to recognize Jesus walking beside them. We often face overwhelming pressure, confusion, or doubt, yet Jesus joins us in our "Emmaus journey," even if we don't immediately recognise his presence.

The "Burning Heart" Experience: Jesus explains the Scriptures to the disciples, turning their despair into hope. This calls us to listen to God's voice in our lives, through scripture, prayer, and quiet moments, to move from confusion to clarity.



Word Wednesday 'Peace be with you'



Recognising Jesus in the Eucharist: It is only when Jesus breaks bread with them that the disciples' eyes are opened. This highlights that the ultimate encounter with Jesus is in the Eucharist at Mass, where he is truly present.

Turning Around: Once they recognize Jesus, the disciples immediately return to Jerusalem to share the good news. The encounter transforms them, encouraging us to stop running from problems (or from faith) and instead share our experience of Christ with others.



Word Wednesday 'Peace be with you'



Hospitality to the Stranger: The disciples invited the "stranger" to stay with them. This encourages us to see Christ in others, particularly those who are lonely, outcast, or unknown.

The story highlights that the Mass is a direct continuation of this encounter, hearing the Word and breaking the Bread. Like the disciples, we can experience a transformation that turns our "dashed hopes" into an "unexpected encounter with the risen Lord."



Word Wednesday 'Peace be with you'



**Reader: The Gospel of the Lord
All: Praise to You Lord Jesus Christ**





Word Wednesday 'Peace be with you'



Together we pray:

Lord, may we never lose faith that all is possible for you, even conquering death.

Amen.





Word Wednesday 'Peace be with you'



Confident in God's Love for us. **We commit ourselves to His service.**

We conclude our prayer in the name of the Father.....



Chaplaincy Reps Please complete the worship record.

&

Find volunteers to lead tomorrow's prayer.



Thursday 'Peace be with you'



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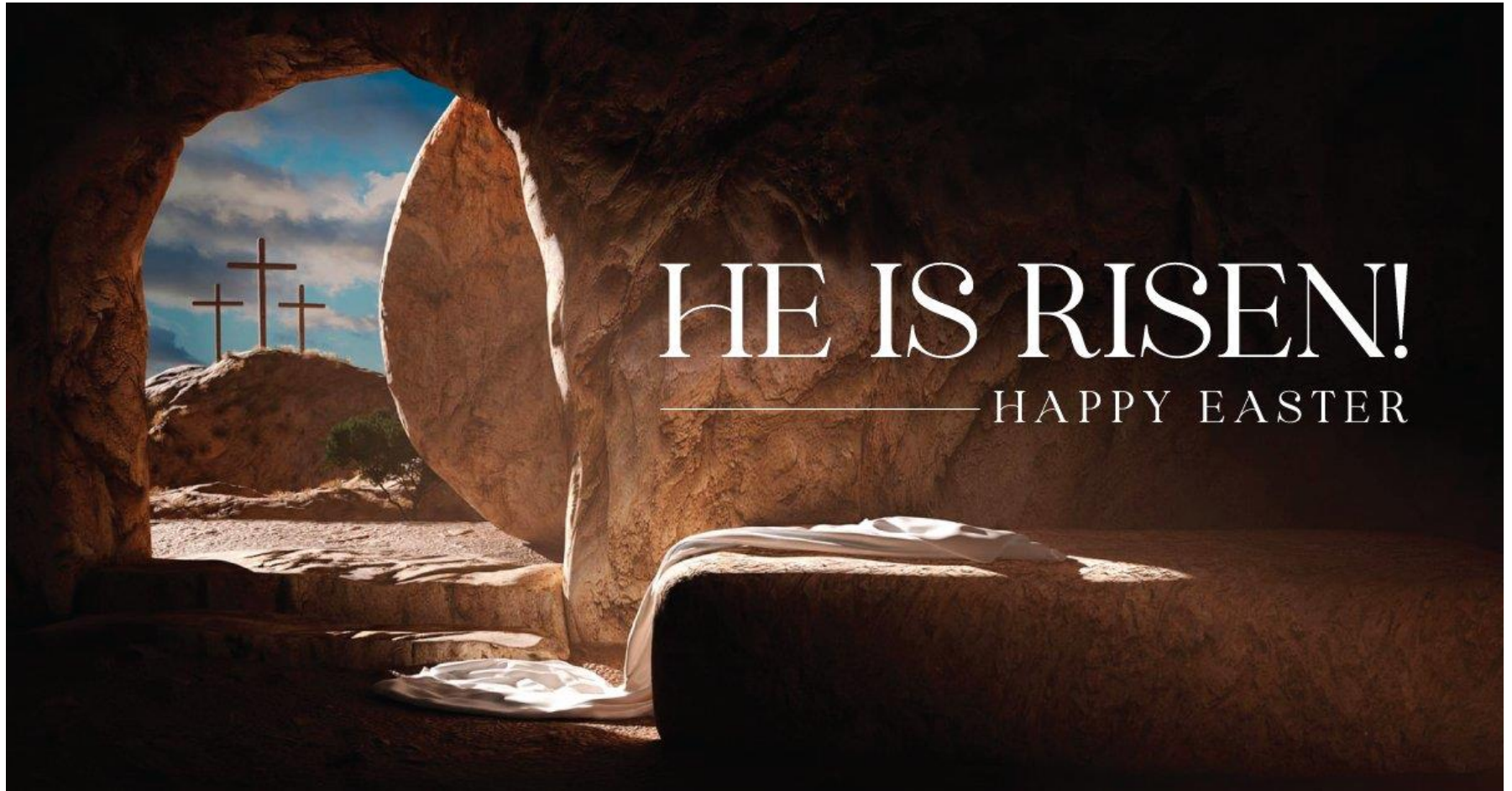


Thursday 'Peace be with you'





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Thursday 'Peace be with you'



We are in a new season of the church year: the Season of Eastertide.

It is a joyful season of hope and you will notice that we have changed our liturgical colour from Green to Gold in our classrooms to remind us of this.

Today we will share an Easter reflection, for peace in our world, from one of the Sisters of Our Lady of the Missions. Sr Catherine Brabender.





Thursday 'Peace be with you'



Amidst even the darkest times there is always a glimmer of hope, a helping hand, a word of encouragement and support, the love of family and friends. These simple gestures give us the hope to keep going and enable us to see the light guiding us into the new life of Easter.

Alleluia, Alleluia, Christ is Risen!





Thursday 'Peace be with you'



May the Risen Lord be our source of hope and peace at this difficult time across our world.

Amen.





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Jesus's final command to the disciples was:

“Therefore, go and make disciples of all nations, baptising them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely, I am with you always, to the very end of the age.”

Through our Baptism, we become disciples of Christ, and we are called to share His Gospel.





Friday 'Peace be with you'



We ask God to help us in our mission as we pray:

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil.

Amen.





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