

# The Sacred Heart Language College

## Daily Prayer



Half Term 4 – Week 4



# Monday 'Peace be with you'



We begin our prayer for today by inviting you to make the sign of the cross.



We invite a pupil to come forward and click to light our virtual candle.



Monday 'Peace be with you'



DREAM VILLAIN

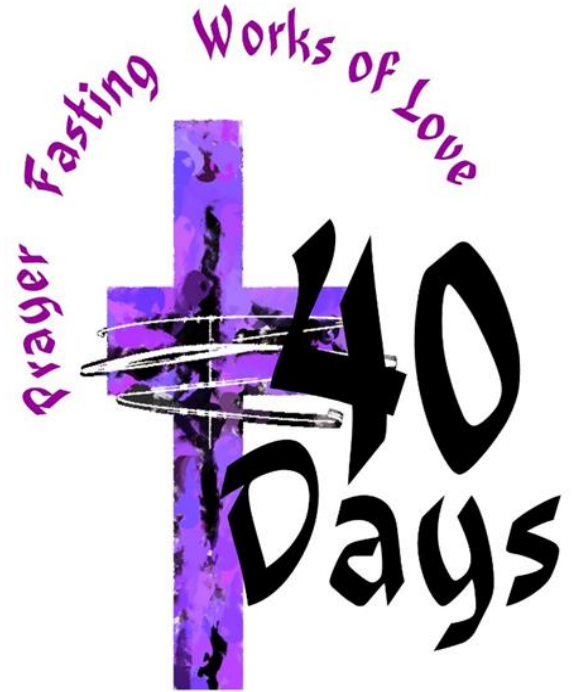


Monday 'Peace be with you'



This week is the fourth week of Lent.

The three Lenten disciplines of praying, fasting, and works of love allow us to concentrate on our relationship with God and our spiritual life.





# Monday 'Peace be with you'



**During Lent, we will pray the Stations of the Cross.**



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# Monday 'Peace be with you'



**Come to the Chapel on Tuesday at lunchtime if you would like to pray the Stations of the Cross.**





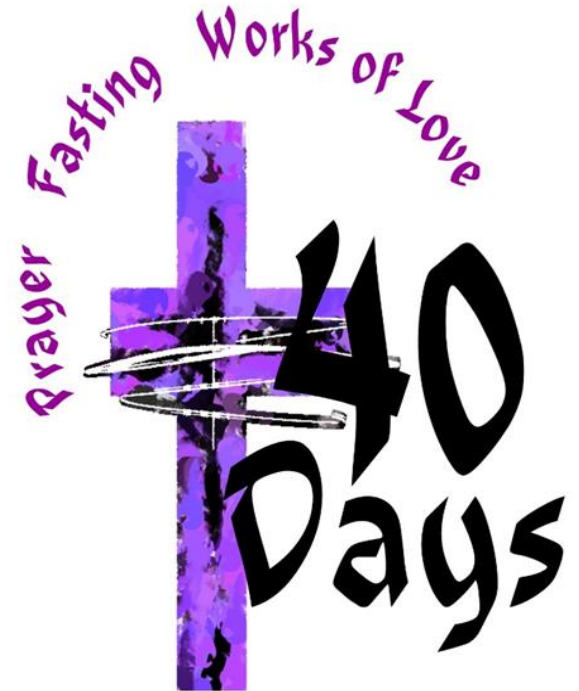
**Monday 'Peace be with you'**



## **Seventh Station Jesus Falls The Second Time**

**Reader:** *We adore you,  
O Christ, and we praise you.*

**All:** *Because by your Holy Cross  
you have redeemed the world.*





# Monday 'Peace be with you'

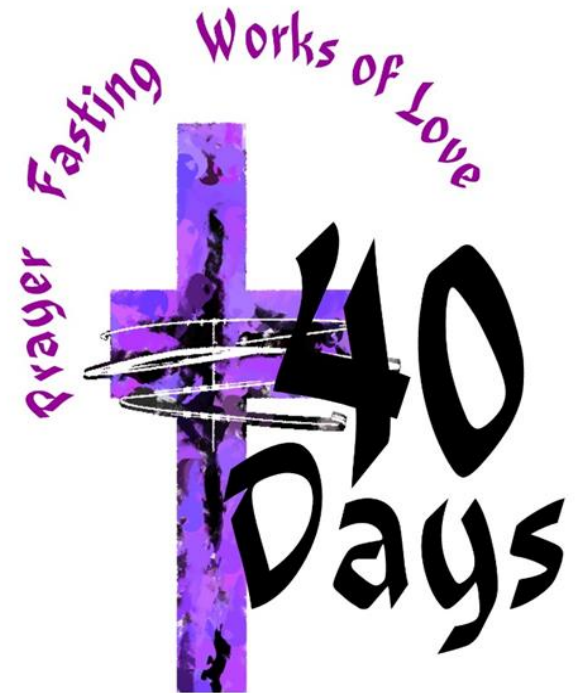


Jesus was very tired, and he fell a second time.

Think of how exhausted Jesus felt.

What would have made this moment more bearable?

Can I make someone's burden lighter in some way?





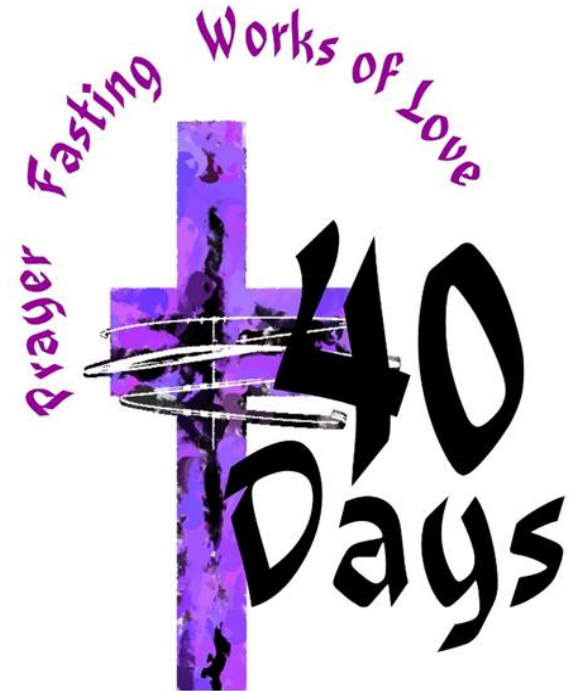
**Monday 'Peace be with you'**



**We pray to God:**

**I love you Jesus above all things.  
I repent with my whole heart for  
having offended you. Never  
permit me to be separated from  
you. Grant that I may love you  
always.**

**Amen.**





Monday 'Peace be with you'



Confident in God's Love for us. **We commit ourselves to His service.**

We conclude our prayer in the name of the Father.....



Chaplaincy Reps Please complete the worship record.

&

Find volunteers to lead tomorrow's prayer.



# Tuesday 'Peace be with you'



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and  
click to light our virtual candle.



Tuesday 'Peace be with you'



DREAM VILLAIN



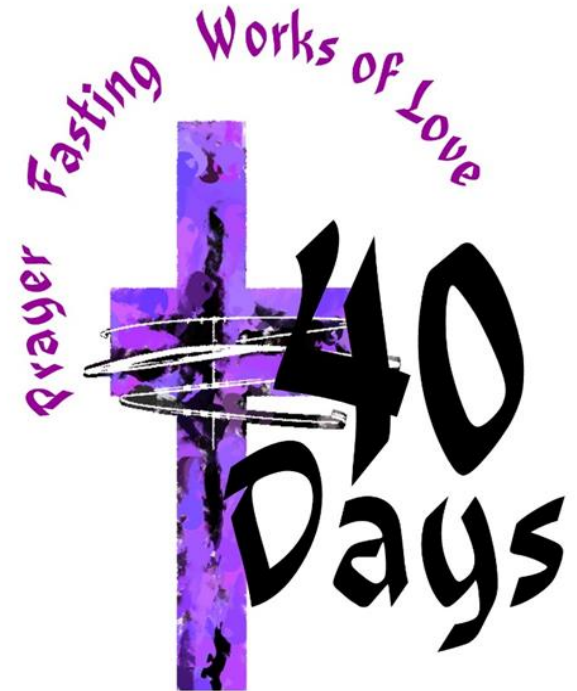
# Tuesday 'Peace be with you'



Our CST focus for this half term is **the preferential option for the poor and vulnerable.**

Let us take a moment to reflect on the ways poverty touches our lives and the lives of those around us.

Let us also consider who “the vulnerable” are in our society today and how we are called to respond to their needs with compassion and justice.





# Tuesday 'Peace be with you'



Adelaide House is fundraising for CAFOD: The Big Lent Walk.

This is the 800th Anniversary of St Francis who showed his love by giving up his wealth and working for the poor and vulnerable.





# Tuesday 'Peace be with you'



We say together:

**Lord, make me an instrument of  
your peace.**

**Where there is hatred, let me sow  
love;**

**where there is injury, pardon;**

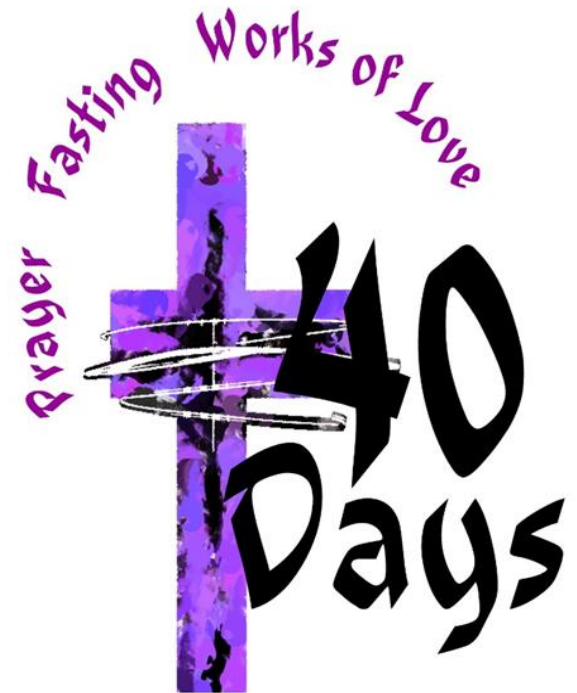
**where there is error, the truth;**

**where there is doubt, the faith;**

**where there is despair, hope;**

**where there is darkness, light;**

**and where there is sadness, joy.**

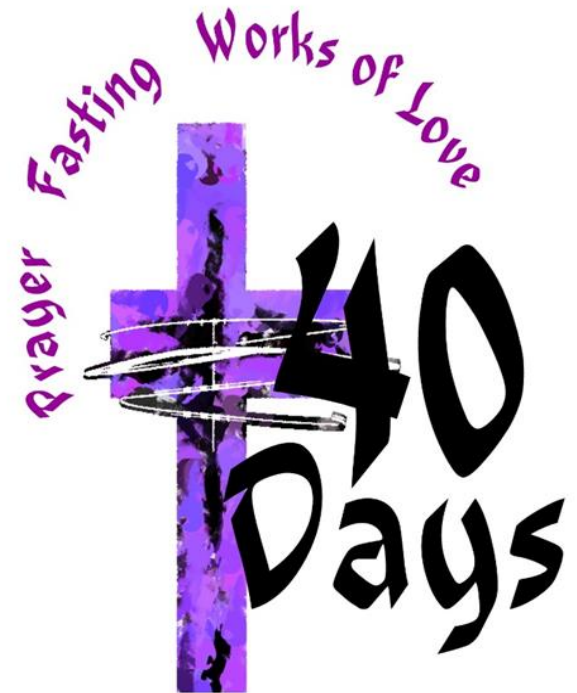




# Tuesday 'Peace be with you'



O Divine Master, grant that I may  
not so much seek  
to be consoled, as to console;  
to be understood, as to  
understand;  
to be loved, as to love.  
For it is in giving that we receive;  
it is in pardoning that we are  
pardoned;  
and it is in dying that we are born  
to eternal life.  
Amen.





Tuesday 'Peace be with you'



Confident in God's Love for us. **We commit ourselves to His service.**

We conclude our prayer in the name of the Father.....



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Find volunteers to lead tomorrow's prayer.



# Word Wednesday 'Peace be with you'



We begin our prayer for today by inviting you to make the sign of the cross.



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# Word Wednesday 'Peace be with you'



DREAM VILLAIN



**Word Wednesday 'Peace be with you'**



**On Wednesday we take time to reflect on  
Sacred Scripture.**

**We will listen to and reflect on the  
Gospel of Matthew.**

**Chaplaincy Reps, please read the Word of  
God in your role as a Ministers of the Word.**

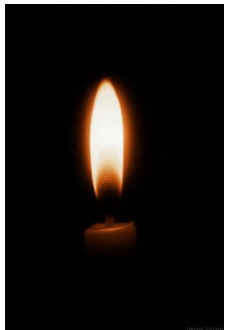


# Word Wednesday 'Peace be with you'



**Reader:** A reading from the Holy Gospel  
according to Matthew

**All: Glory to you O Lord (3 Crosses)**  
(3 crosses Forehead, Heart and Lips)





# Word Wednesday 'Peace be with you'



**While they were eating, Jesus took bread, and when he had given thanks, he broke it and gave it to his disciples, saying, "Take and eat; this is my body."**

**Then he took a cup, and when he had given thanks, he gave it to them, saying, "Drink from it, all of you. This is my blood of the covenant, which is poured out for many for the forgiveness of sins.**

**I tell you, I will not drink from this fruit of the vine from now on until that day when I drink it new with you in my Father's kingdom."**



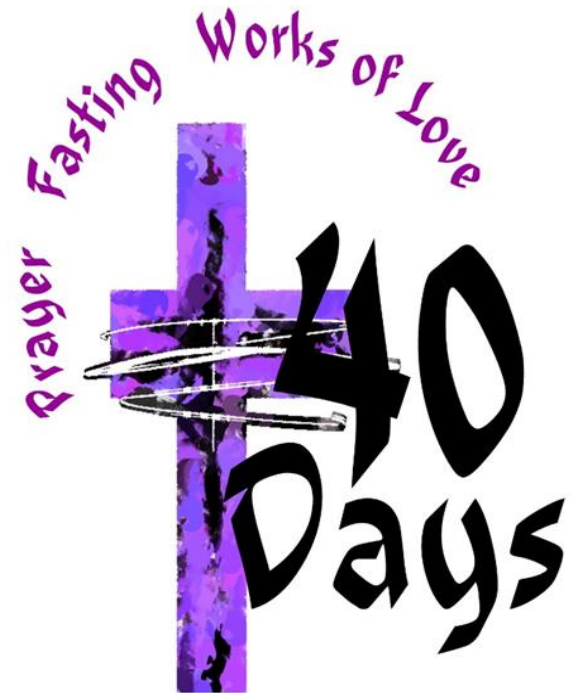


# Word Wednesday 'Peace be with you'



**Reader: The Gospel of the  
Lord**

**All: Praise to You Lord Jesus  
Christ**



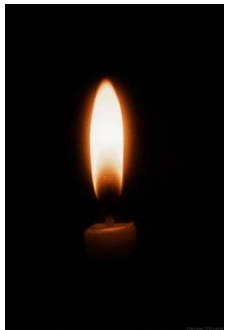


# Word Wednesday 'Peace be with you'



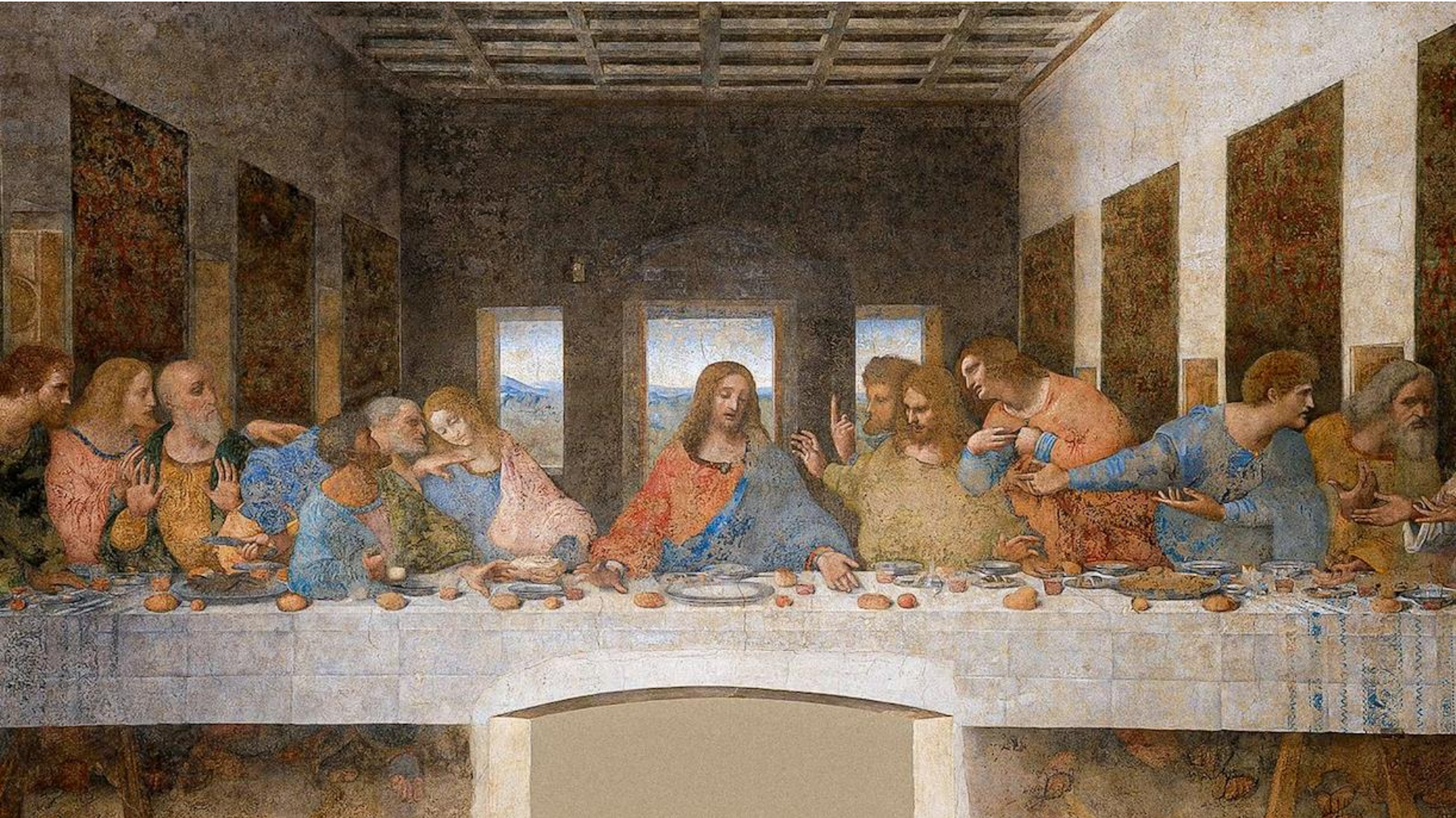
**This reading tells us about Christ initiating the Eucharist. It is known as The Last Supper where Jesus uses bread and wine to symbolise his broken body and shed blood sealing the new covenant for the forgiveness of sins.**

**It is celebrated on Maundy Thursday or Holy Thursday in Holy Week before Easter Sunday.**





# Word Wednesday 'Peace be with you'





# Word Wednesday 'Peace be with you'



**Jesus invites his disciples and us to share in a meal that symbolises his body and blood, signifying a deep, personal, connection.**

**His broken bread and poured-out cup represent Jesus's ultimate sacrifice on the cross for our sins, offering a fresh start and the forgiveness of sins, whether past, present, or future.**





# Word Wednesday 'Peace be with you'



**Jesus forms a new, unbreakable bond (covenant) with us, showing his love, mercy, and commitment to us.**

**Jesus promises to drink the wine again in his Father's Kingdom, giving us hope for the future when he will return and all things will be made new.**

**Even when we fail or feel broken, Jesus welcomes us to his table, encouraging us to trust in him, especially in our moments of doubt or weakness.**





# Word Wednesday 'Peace be with you'



## Questions for Reflection:

- How does knowing that Jesus sacrificed his body and blood for *you* change how you view your own worth or mistakes?
- What does it mean for you that Jesus invites you into a "new covenant" (a close relationship) with him?
- How can the hope of Jesus's return and the "future banquet" in his kingdom help you during tough times?





# Word Wednesday 'Peace be with you'



We pray together:

**Lord Jesus, thank you for inviting me to your table and for the new covenant of love you have created with me.**

**When I feel alone or guilty, help me to remember that your body was broken and your blood was poured out for me. Strengthen my faith and help me to live with the hope of your future return.**

**Amen.**





# Word Wednesday 'Peace be with you'



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# Thursday 'Peace be with you'



DREAM VILLAIN



# Thursday 'Peace be with you'



Today we will reflect on the Life of Euphrasie Barbier the Mother Foundress of the Sisters of Our Lady of the Missions (RNDM) whose Sisters founded The Sacred Heart.

The Sisters continue her mission to work with the women and children of the world who are marginalised and in need of education and health services.



# Thursday 'Peace be with you'



One of the missions the Sisters work in, is in Vietnam.

Here is an account by one the Sisters of their work:

'...There is about 10km of road which is muddy and slippery during the raining season, and dusty during the dry season which makes it difficult to travel. Moreover, this 10km long road passes through a national preserved forest before reaching the Tri An lake which makes this mission more challenging.'



# Thursday 'Peace be with you'



'The people we serve are mostly Vietnamese born Cambodian. Many of them have no birth certificate. They returned to Vietnam with hope for a better life. They have lived in a floating village in small and simple floating houses. However, for many reasons, they have no citizenship: neither Cambodian nor Vietnamese. Following the journey of the previous RNDMs, in March 2023, I started camping on this land, a poor land with only sun, wind and dust, but here there are many children who are eager to know letters, to know how to write their names.'



# Thursday 'Peace be with you'



'There are about 80 to 100 children aged 6 – 18 years old who cannot go to public school because they do not have birth certificates. We RNDM [Our Lady of the Mission] Sisters opened classes for them to study. We provide basic education for children and young adults who lack required documents to attend school, thus living with illiteracy. We organize summer classes for primary school students. Sisters help them to improve the quality of their studies so that they can do better in public school.'



# Thursday 'Peace be with you'





# Thursday 'Peace be with you'



'We empower children, encouraging them to dream of a better future. We help parents to see the importance of education and become more supportive of their children in their studies. We want to be witnesses of God's love and closeness to the marginalized people.'



# Thursday 'Peace be with you'



In the classroom, the children learn to read and write, to play, to be loved, and most importantly, they hear the name of Jesus: they know they are loved by God.

The call to follow in the footsteps and mission of Jesus still echoes every day for the RNDM sisters. Jesus still needs me and needs **you** to share the joys and sorrows of human life, especially to share His self-sacrificing love so that many people may come to know it.



# Thursday 'Peace be with you'





# Thursday 'Peace be with you'





# Thursday 'Peace be with you'



We pray together for the success of the mission:

**Lord, I always believe in the good things You are accomplishing here and on this earth. I hope that our hearts will always blaze with the fire of love for You and with zeal to share Your Divine Mission with everyone, just as our Foundress Eurphrasie Barbier loved and lived.**

**Amen.**



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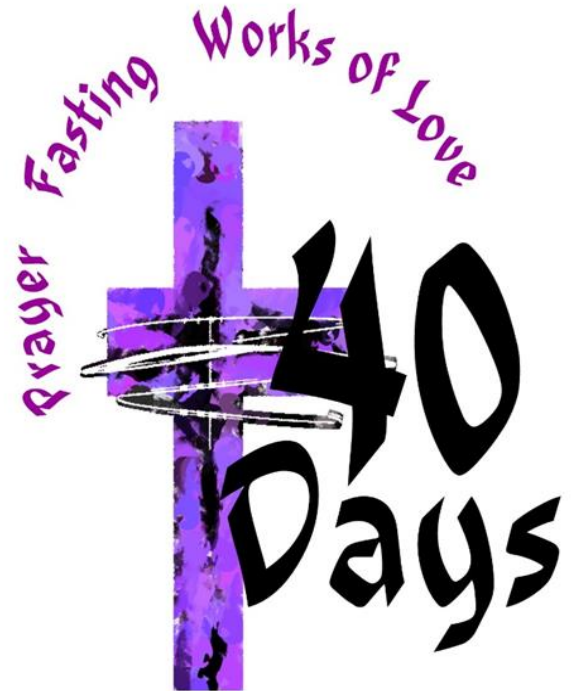


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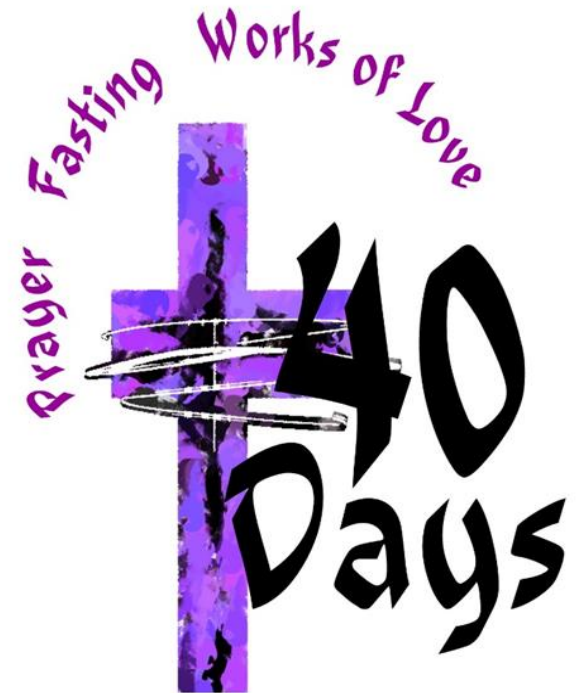


## **Eighth Station**

### **Jesus Meets the Women of Jerusalem**

**Reader:** *We adore you,  
O Christ, and we praise you.*

**All:** *Because by your Holy Cross  
you have redeemed the world.*





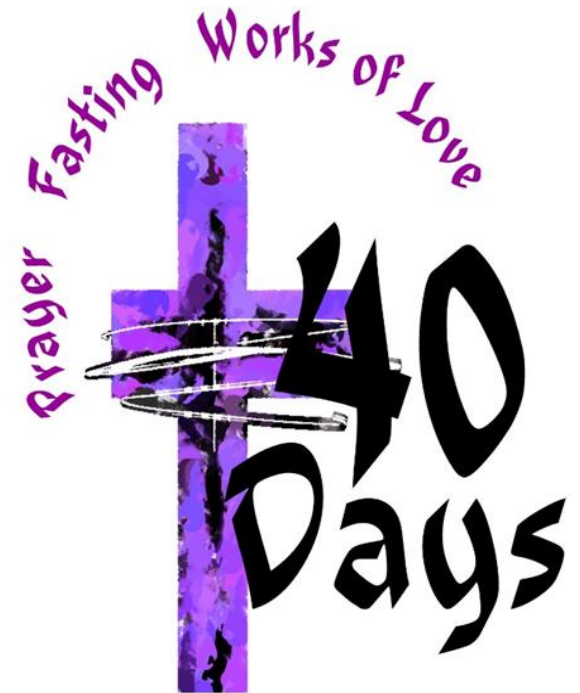
# Friday 'Peace be with you'



Some women were standing along the street. They were friends of Jesus, and they loved Him deeply.

How does it feel to watch someone we love suffer?

Think of someone you love who is hurting right now and speak to Jesus about them.





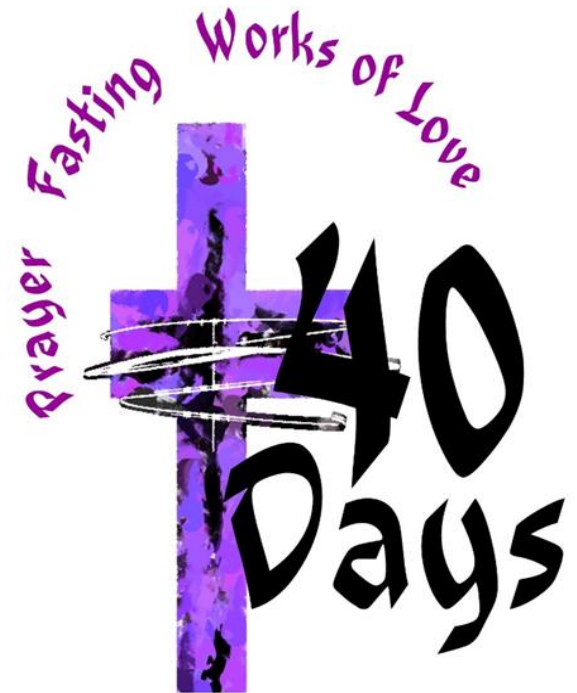
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