

The Sacred Heart Language College

Daily Prayer



Half Term 3 – Week 6



Monday 'Peace be with you'



We begin our prayer for today by inviting you to make the sign of the cross.



We invite a pupil to come forward and click to light our virtual candle.



Monday 'Peace be with you'



DREAM VILLAIN



Monday 'Peace be with you'



Pope Leo has dedicated February to The Holy Family.

The Holy Family of Jesus, Mary, and Joseph stands as a model of faith, love, and resilience in the face of hardship.

Living in Nazareth, they experienced poverty, uncertainty, and exile, yet remained united through their trust in God. Their example offers us a blueprint for family life rooted in devotion, obedience, and a sense of purpose.



Monday 'Peace be with you'



Despite their unique mission, the Holy Family faced real and difficult struggles such as the anxiety of losing Jesus and finding Him in the temple, and the fear of fleeing from King Herod.

Jesus spent 30 of His 33 years living with Mary and Joseph, highlighting the sacred value of ordinary, everyday life.

As a young person, Jesus lived in obedience to His parents, showing humility and respect.

Together, the Holy Family models compassion, respect, patience, and a life centred on God.



Monday 'Peace be with you'



Lessons for Today

We pray that:

- We may nurture love and respect within our families, even in difficult times.
- We may trust in God and say “yes” to His plan, just as Mary and Joseph did.
- We may recognise that the family is a school of love and a place for personal growth.



Monday 'Peace be with you'



We pray together:

Jesus, Mary and Joseph,
I give you my heart and my soul.

Jesus, Mary and Joseph,
assist me in my last agony.

Jesus, Mary and Joseph,
may I breathe forth my soul in peace with
you.

Amen



Monday 'Peace be with you'



Confident in God's Love for us. **We commit ourselves to His service.**

We conclude our prayer in the name of the Father.....



Chaplaincy Reps Please complete the worship record.

&

Find volunteers to lead tomorrow's prayer.



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**Our CST theme for this half term is
'Care of God's Creation'**

In the Jubilee Year as Pilgrims of Hope, we were reminded of our mission to continue to build

**a fairer world,
where every person,
and the earth, can flourish.**



Tuesday 'Peace be with you'



CAFOD is the **Catholic Agency for Overseas Development**. It works to support people in need all over the world.

We will now watch a short film about CAFOD:

<https://youtu.be/dngwsBEBDS8?si=ze5Dv2m2QRFWA>
bs



Tuesday 'Peace be with you'



This Lent, which begins on Ash Wednesday, 18th February, CAFOD is launching a campaign called The Big Lent Walk. Adelaide House will be leading us in this initiative.

The Big Lent Walk invites participants to walk **200 km in 40 days** to raise funds for safe water projects, combining physical action with prayer for our global neighbours.



Tuesday 'Peace be with you'



We will walk in:

Solidarity with communities facing poverty and the lack of clean water.

Hope and Renewal, reflecting on the Jubilee Year themes of renewal and restoration.

Action for Justice, turning our steps into acts of love, compassion, and justice.

Community Impact, praying that the funds raised will bring life-saving water to those most in need.



Tuesday 'Peace be with you'



This Friday, the Eco Reps will be hosting a Cake Sale to raise money for CAFOD.

Put your faith into action by joining us in the B Block during extended break.

Enjoy some delicious cakes while supporting the vital work of CAFOD.

CAFOD
Just one world



Tuesday 'Peace be with you'



We pray together:

Lord Jesus, you are beside all who suffer because of floods, storms, water shortages, or rising sea levels. Bless them, and all who work to support them. Strengthen their hope that, by working together, a better future is possible.

Amen



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Word Wednesday 'Peace be with you'



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Word Wednesday 'Peace be with you'



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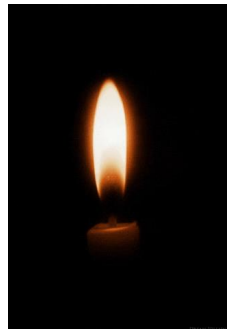


Word Wednesday 'Peace be with you'



**On Wednesday we take time to reflect on
Sacred Scripture.**

**We will listen to and reflect on the
Gospel of Matthew.**





Word Wednesday 'Peace be with you'



Reader: A reading from the Holy Gospel
according to Matthew

All: Glory to you O Lord (3 Crosses)
(3 crosses Forehead, Heart and Lips)





Word Wednesday 'Peace be with you'



At that time, Jesus said to his disciples, 'You are the salt of the earth, but if salt has lost its taste, how shall its saltiness be restored? It is no longer good for anything except to be thrown out and trampled under people's feet. 'You are the light of the world. A city set on a hill cannot be hidden. Nor do people light a lamp and put it under a basket, but on a stand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven.'

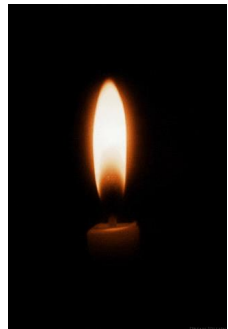


Word Wednesday 'Peace be with you'



Reader: The Gospel of the Lord

All: Thanks be to God





Word Wednesday 'Peace be with you'



This reading is the Gospel reading for Ash Wednesday on February 18th, which marks the beginning of Lent. Lent lasts for 40 days and recalls Christ's time in the desert, where He fasted and prayed.

Lent is an opportunity for us to examine and renew our relationship with God. We do this by practising the three disciplines of **prayer, fasting, and giving.**

Jesus teaches us not to “show off” when we pray, fast, or give to others. Instead, He calls us to act quietly and with humility.



Word Wednesday 'Peace be with you'



Jesus calls on us to be the 'salt of the earth' and 'light of the world'.

You *Are* the Salt

Salt brings out flavour, preserves what is good, and purifies what is impure. Jesus calls us to do the same.

Reflection: Am I adding God's flavour and joy to my community?



Word Wednesday 'Peace be with you'



You Are the Light:

Light makes reality visible, exposing hidden things and showing the way to hope and peace. Like a city on a hill, a disciple's life cannot be hidden.

Reflection: Am I shining in my workplace, home, and community? Is my life a reflection of Jesus, or am I hiding my faith under a "basket"?



Word Wednesday 'Peace be with you'



The Purpose of Good Works:

The ultimate goal is not to be seen as good, but for others to see Christ in us and glorify the Father.

Reflection: Do my actions (deeds, words, kindness) draw attention to myself or to God?



Word Wednesday 'Peace be with you'



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'Peace be with you' John 20:19

Click on the link below to see a map of the world. The map serves as a tool for solidarity, highlighting areas where CAFOD works with local partners to provide humanitarian aid and support peacebuilding efforts.

- Countries highlighted in **red** are currently facing emergencies.
- Clicking on a country provides specific prayers and information regarding the local situation.

<https://cafod.org.uk/pray/world-prayer-map>





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"The world looks to YOU to announce a message of true hope and to promote peace,"

Pope Leo XIV has called on **YOU**, young people to be **"active artisans of peace" and "beacons of hope"** in a divided world.

He urges **YOU** to:

- Go beyond comfort zones, build, and foster reconciliation through daily, concrete actions.

His message emphasises:

- Friendship with Christ, rejecting indifference, and finding true joy and peace through a personal relationship with the Lord.



Friday 'Peace be with you'



Key themes from Pope Leo's messages for YOU include:

Active Peacebuilding: Peace is not just the absence of war, but a proactive, daily commitment to harmony in homes, schools, and parishes.

Agents of Unity: He calls **YOU** to reject those who use faith to divide and instead become, builders of bridges and sowers of trust.

Overcoming Indifference: The Pope urges, that friendship with Christ helps fight "spiritual laziness" and "closed-mindedness".



Friday 'Peace be with you'



This year is the 800th Anniversary of the death of St Francis of Assisi. He is known for his love of nature and God's creatures.

On the Prayer table is a cross shaped like a capital 'T' called a Tau Cross. It is an ancient Christian symbol representing salvation, conversion, and the cross of Christ. St. Francis of Assisi adopted this as his personal signature and seal, it symbolises a commitment to a life of poverty, humility, and penance.





Friday 'Peace be with you'



Let us pray together the Prayer of St Francis for Peace

Lord, make me an instrument of your peace:
where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
where there is sadness, joy.



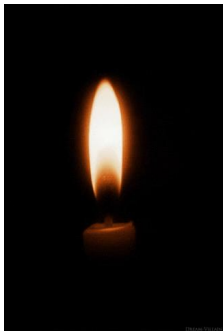


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O divine Master, grant that I may not so much seek
to be consoled as to console,
to be understood as to understand,
to be loved as to love.

For it is in giving that we receive,
it is in pardoning that we are pardoned,
and it is in dying that we are born
to eternal life.





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