

The Sacred Heart Language College

Daily Prayer



Half Term 3 – Week 4



Monday 'Peace be with you'



We begin our prayer for today by inviting you to make the sign of the cross.



We invite a pupil to come forward and click to light our virtual candle.



Monday 'Peace be with you'



DREAM VILLAIN



Monday 'Peace be with you'



Our CST theme for this half term is 'Care of God's Creation'

In the Jubilee Year as Pilgrims of Hope, we were reminded of our mission to continue to build a world where:

- **We work for the common good of all**, understanding that our actions impact our local and global family because we are interconnected.
- **We speak out for debt relief**, to set free those who are burdened by unjust debt.



Monday 'Peace be with you'



»»»
**CANCEL DEBT,
CHOOSE HOPE**
»»»

CAFOD.ORG.UK/CANCELTHEDEBT



Monday 'Peace be with you'



What Can You Do

Learn more about the global debt crisis: Understanding the issue is the first step toward meaningful change.

Call for government action: Write to your MP or to the Minister for International Development, Baroness Chapman, urging them to back sustainable food systems that strengthen communities' ability to feed themselves.

Use your voice: Add your name to petitions, send letters, and support campaigns pushing for fairer debt policies and long-term food security.



Monday 'Peace be with you'



We pray together:

Loving and Gracious God,

Help us understand that we have the power and the duty to act against the injustices that bind people in poverty and debt.

Grant us the courage to challenge the structures that perpetuate these conditions, and the strength to work tirelessly for a world where every person can achieve their full potential.

Help us understand that we have the power and the duty to act against the injustices.



Monday 'Peace be with you'



Inspire our hearts with your compassion and justice. Empower us to be bearers of hope and agents of change. Together, may we help bring forth solutions rooted in fairness and equity; economic systems that uplift and create hope for the downtrodden; and a future where every nation can walk the path of sustainable development, free from the shackles of debt. May we be instruments of your peace, secure in the faith that, through our collective effort, poverty can be overcome.

Amen.



Monday 'Peace be with you'



Confident in God's Love for us. **We commit ourselves to His service.**

We conclude our prayer in the name of the Father.....



Chaplaincy Reps Please complete the worship record.

&

Find volunteers to lead tomorrow's prayer.



Tuesday 'Peace be with you'



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Today is Holocaust Memorial Day

To mark Holocaust Memorial Day, and to reflect on the theme of 'one day', The Council of Christians and Jews (CCJ) are encouraging people to observe 'one day of prayer' on 27 January to dedicate space during the day to approach God in prayer to remember the victims of genocides around the world.



**HOLOCAUST
MEMORIAL
DAY 27/1**



Tuesday 'Peace be with you'



Please pause for a moment of silence.



HOLOCAUST
MEMORIAL
DAY 27/1



Tuesday 'Peace be with you'



We pray together:

Eternal God, you hold all of our days in your hands. On this day, we come before you to remember the victims of the Holocaust.

We lament the loss of the six million Jews who were killed in the Holocaust, the millions of other victims of Nazi persecution, and victims of other genocides. May our minds be clear and attentive to their memory and our hearts be moved to bear witness to their lives.



**HOLOCAUST
MEMORIAL
DAY 27/1**



Tuesday 'Peace be with you'



Today, help us to remember and recognise the sanctity of each human life, that all people are made in Your image.

One day, we pray that genocide and hatred will be no more, and that love will triumph over evil.

In our prayers and in our actions, help us to show this love in the world today.

Amen.



**HOLOCAUST
MEMORIAL
DAY 27/1**



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We conclude our prayer in the name of the Father.....



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Word Wednesday 'Peace be with you'



We begin our prayer for today by inviting you to make the sign of the cross.



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Word Wednesday 'Peace be with you'



DREAM VILLAIN



Word Wednesday 'Peace be with you'



**On Wednesday we take time to reflect on
Sacred Scripture.**

**We will listen to and reflect on the
Gospel of Matthew.**





Word Wednesday 'Peace be with you'



Reader: A reading from the Holy Gospel
according to Matthew

All: Glory to you O Lord (3 Crosses)
(3 crosses Forehead, Heart and Lips)





Word Wednesday 'Peace be with you'



'Ask, and it will be given to you; search, and you will find; knock, and the door will be opened to you. Everyone who asks receives; everyone who searches finds; everyone who knocks will have the door opened. Is there anyone among you who would hand his son a stone when he asked for bread? Or would hand him a snake when he asked for a fish? If you, then, evil as you are, know how to give your children what is good, how much more will your Father in heaven give good things to those who ask him! 'So always treat others as you would like them to treat you; that is the Law and the Prophets.'



Word Wednesday 'Peace be with you'



Reader: The Gospel of the Lord

All: Thanks be to God





Word Wednesday 'Peace be with you'



It might seem obvious, but if you don't ask, you don't receive. Jesus encourages us to bring our needs to God and to persevere in prayer. He reminds us to keep asking and to trust that an answer will come.

There is a gentle caution here, though: God gives us what is truly best for us, which isn't always the exact thing we had in mind. So instead of praying for a specific outcome, ask for the right solution to your situation. You may find yourself far more satisfied with the answer you receive.





Word Wednesday 'Peace be with you'



Reflection

Have I ever actually told God what I really need?

Do I stop praying when it feels like nothing is happening?

What do I want to talk to God about today?



Word Wednesday 'Peace be with you'



In a moment of silent prayer reflect on the words of scripture.

Think of one line that stood out for you.

What is God's message for you today?





Word Wednesday 'Peace be with you'



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Thursday 'Peace be with you'



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Thursday 'Peace be with you'



DREAM VILLAIN



Thursday 'Peace be with you'



'Peace be with you' John 20:19

- There are many places in the world where people face conflict.
- **CAFOD** (the Catholic Agency for Overseas Development) works with communities in more than 40 countries to tackle poverty and injustice. They support people of all faiths and none, helping them build better lives and stand up for their rights.





Thursday 'Peace be with you'



'Peace be with you' John 20:19

Click on the link below to see a map of the world. The map serves as a tool for solidarity, highlighting areas where CAFOD works with local partners to provide humanitarian aid and support peacebuilding efforts.

- Countries highlighted in **red** are currently facing emergencies.
- Clicking on a country provides a specific prayer and information regarding the local situation.
- Pick a country and say a prayer.

<https://cafod.org.uk/pray/world-prayer-map>





Thursday 'Peace be with you'



'Peace be with you' John 20:19

Let us pray together the Prayer of St Francis:

Lord, make me an instrument of your peace;
where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
where there is sadness, joy.





Thursday 'Peace be with you'



'Peace be with you' John 20:19

O divine Master, grant that I may not so much seek
to be consoled as to console,
to be understood as to understand,
to be loved as to love.

For it is in giving that we receive,
it is in pardoning that we are pardoned,
and it is in dying that we are born to eternal life.





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The Examen



Friday 'Peace be with you'



Take a few moments to quiet down, to recall that God has accompanied you every step of the way during the week and to open yourself to His presence.



Friday 'Peace be with you'



Go through your week, taking special note of its many small gifts: the joy of a bright morning, a cup of coffee, a flock of birds, the kindness of a stranger. Recall that God is revealed in each of these details. Think, too, about the gifts you were able to give others: an encouraging word, a smile, work well done.



Friday 'Peace be with you'



Think back over your week about your actions: what went well; even better if. Prepare yourself to be honest as you examine your actions during the week, knowing that the truth will free you to grow closer to God. Recall, too, God's unconditional love for you.



Friday 'Peace be with you'



Next, examine how you responded to God's presence in the key events of the week. When were you loving? When did you miss an opportunity to love? When were you sinful? How much were you in charge of your actions, and what did you do out of simple habit? Pay attention to your emotions around these events. The Holy Spirit often speaks to us through our emotions. What truth might God be leading you to through your emotions?



Friday 'Peace be with you'



Finally, respond in prayer to the insights revealed in the previous steps. You may want to imagine this as a friendly face-to-face meeting with Jesus, one in which you offer words of sorrow, gratitude, or joy. You may want to ask for forgiveness, consolation, encouragement, the grace to overcome bad habits, and direction for how to grow closer to God. Continue to listen to Jesus as you resume your daily activities.



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