

Harrow Early Help Youth Offer - October Half-Term Timetable

Monday 27th

**Diwali Theme -
Arts and Crafts**

11:00 am - 1:00 pm
(Ages 9 - 19/ upto
25 SEND)

**Black History
Month**

**Cooking Group -
World Food Day**

1:30pm - 3:30pm
(Ages 9 - 19/ upto
25 SEND)

Tuesday 28th

**Music Session -
Crowning
Greatness C.I.C**

11:00 am - 1:00 pm
(Ages 9 - 19/ upto
25 SEND)

**Music Session -
Crowning Greatness
C.I.C**

1:30pm - 3:30pm
(Ages 9 - 19/ upto 25
SEND)

Wednesday 29th

**Art & Printmaking
African Patterns (T-
shirts & canvas)**

11:00 am - 1:00 pm
(Ages 9 - 19/ upto 25
SEND)

**Jewellery Making -
African Theme**

1:30pm - 3:30pm
(Ages 9 - 19/ upto 25
SEND)

Thursday 30th

**Bubble Tea /Smoothie
Making**

11:00 am - 1:00 pm
(Ages 9 - 19/ upto 25
SEND) Location: Cedars
Children Centre

Sports Day Fun

1:30pm - 2:30pm
(Ages 9 - 19/ upto 25
SEND) Location:
Cedars Children Centre

**Digital Wellbeing
Workshop - Harrow
Mental Health Support
Team**

1:00pm - 2:00pm
(Virtual Parent Workshop)

Friday 31st

**Movie &
Popcorn**

11:00 am - 1:00
pm
(Ages 9 - 19/
upto 25 SEND)

**Games
Tournament**

1:30pm - 3:30pm
(Ages 9 - 19/
upto 25 SEND)





Virtual support on
kid's screen time
habits!

NHS
Central and
North West London
NHS Foundation Trust

FAMILY HUB
NETWORK

DIGITAL WELLBEING - PARENTS/CARERS

THURSDAY - 30th October
1-2pm



**Virtual workshop on Zoom for parents/carers of children aged
9-19, or up to 25 for SEND, who attend a school in Harrow**

Children and young people are constantly surrounded by screens, which can impact them in both positive and negative ways. Join our workshop to learn practical ways to help your child manage screen time, build healthy online habits, and balance tech with offline activities for their emotional wellbeing.



To register for this workshop, please use this link or scan the QR code:

<https://www.eventbrite.com/e/digital-wellbeing-workshop-for-parentscarers-tickets-1818794024889?aff=oddtcreator>



For inquiries please contact NHS/Harrow Mental Health Support Team:

Email: cnwl.adminharrowmhstcamhs@nhs.net

Phone: 020 8869 4500

A SYSTEM TO STOP HIDING IN THE SHADOWS AND BECOME THE SUPERSTAR YOU ARE.

THE BACKSTAGE
TO

CENTRE

Stage

FREE

LEVEL 1

MUSIC PROGRAMME

SEPTEMBER 2025

EXPERIENCE VOCAL COACHING,
SONGWRITING, MUSIC PRODUCTION, STAGE
PRESENCE, POSITIVE MINDSET, PUBLIC
SPEAKING, TEAM COLLABORATION AND
MORE...

**Winter programme for young
people aged 8yrs-25 yrs**

For more information, scan the QR code
or contact:

EMAIL: Crowninggreatness@gmail.com

TEL: 07305270696

BOOK
HERE



FUNDED BY COFE 6 CROWN STREET ENDOWMENT FUND

WED 10TH SEPTEMBER-
WED 15TH OCTOBER
5-7PM

LOCATION:
ART PARK, GREENHILL
WAY, HA1 1LE, HARROW