



SECONDARY  
& ACADEMIES  
FOOD OFFERS

*Harrow Theme Day & Dates*

**January – Australian Day 15<sup>th</sup> Thursday**

**February – Asian/Thai – 26<sup>th</sup> Thursday**

**March – African -26<sup>th</sup> March Thursday**

**April – Indian 30<sup>th</sup> April Thursday**

**May – Mediterranean – 21<sup>st</sup> Thursday**

**June – Caribbean – 16<sup>th</sup> Tuesday**

**July – American 14<sup>th</sup> Tuesday**

**September – British 24<sup>th</sup> Thursday**

**October – Mexican 22<sup>nd</sup> Thursday**

**November – Bonfire 5<sup>th</sup> Thursday**

**December – Christmas**

# Thursday 26<sup>th</sup> February



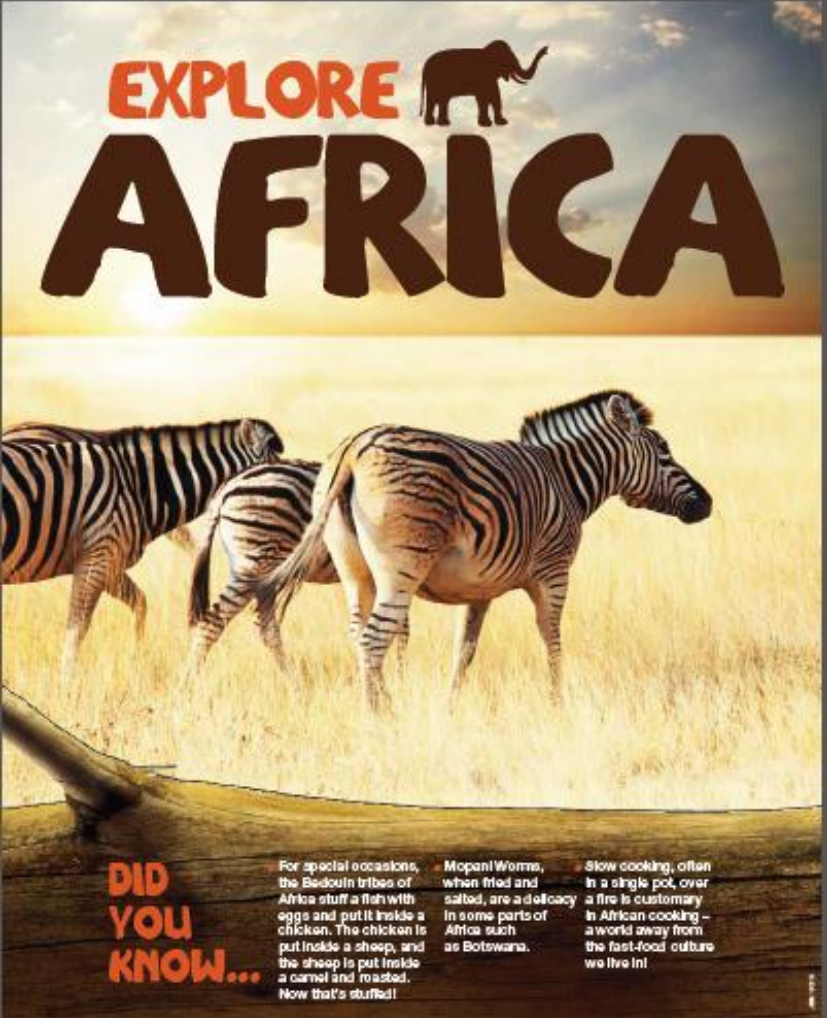
**Thai**  
Treats


Did you know?  
Situated in Asia, Thailand's population is 65,000,000 people.  
"The Beach" starring Leonardo di Caprio was filmed on Phi Phi Island.  
Throughout Thailand rice is the most important staple ingredient food, coconut being a very close second.

**EAT**  
**LEARN**  
**LIVE**

Chartwells

Thursday  
26<sup>th</sup>  
March




**EXPLORE**   
**AFRICA**

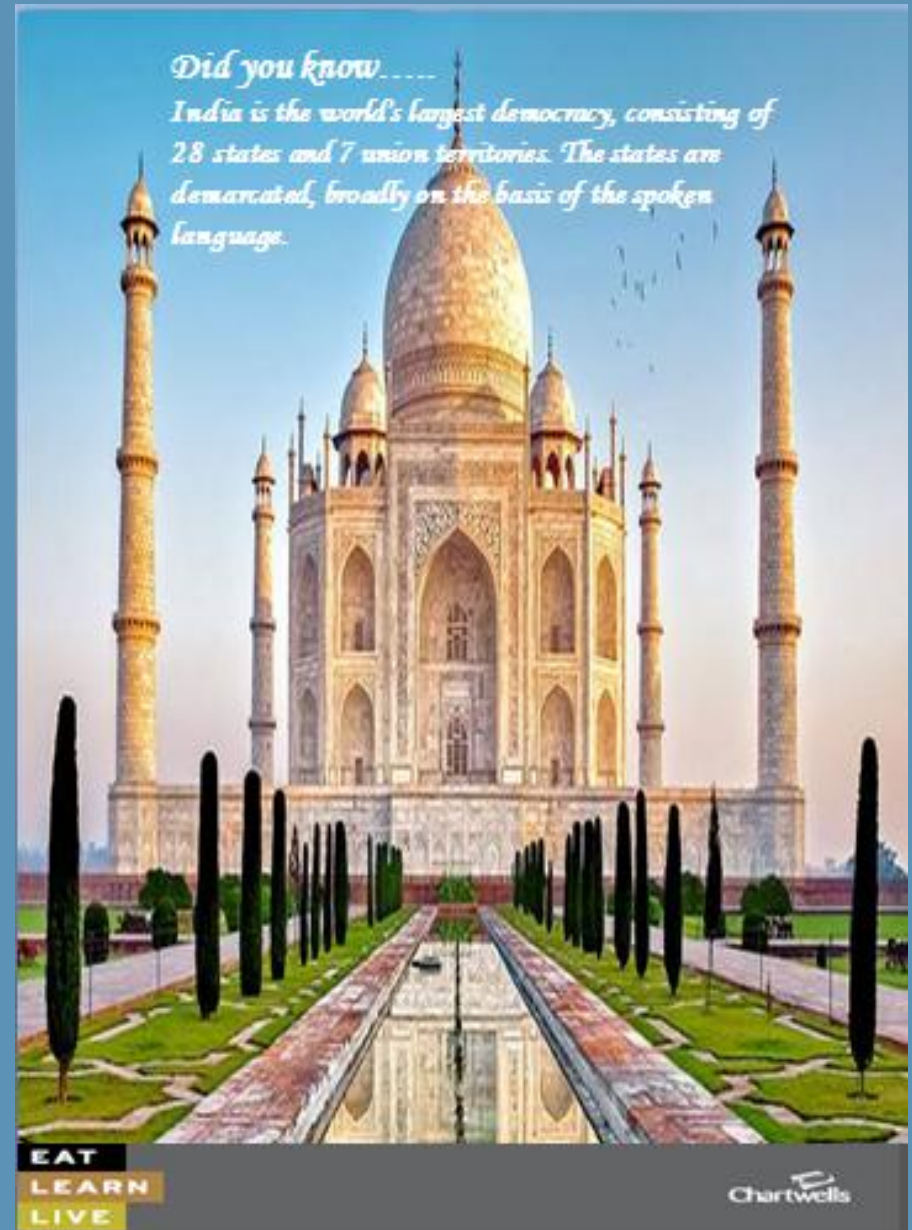
**DID YOU KNOW...**

- For special occasions, the Bedouin tribes of Africa stuff a fish with eggs and put it inside a chicken. The chicken is put inside a sheep, and the sheep is put inside a camel and roasted. Now that's stuffed!
- Mopani Worms, when fried and salted, are a delicacy in some parts of Africa such as Botswana.
- Slow cooking, often in a single pot, over a fire is customary in African cooking – a world away from the fast-food culture we live in!

**EAT**  
**LEARN**  
**LIVE**

  
Chartwells

Thursday  
30<sup>th</sup>  
April



Thursday  
21<sup>st</sup>  
May

# *Taste of the Med*



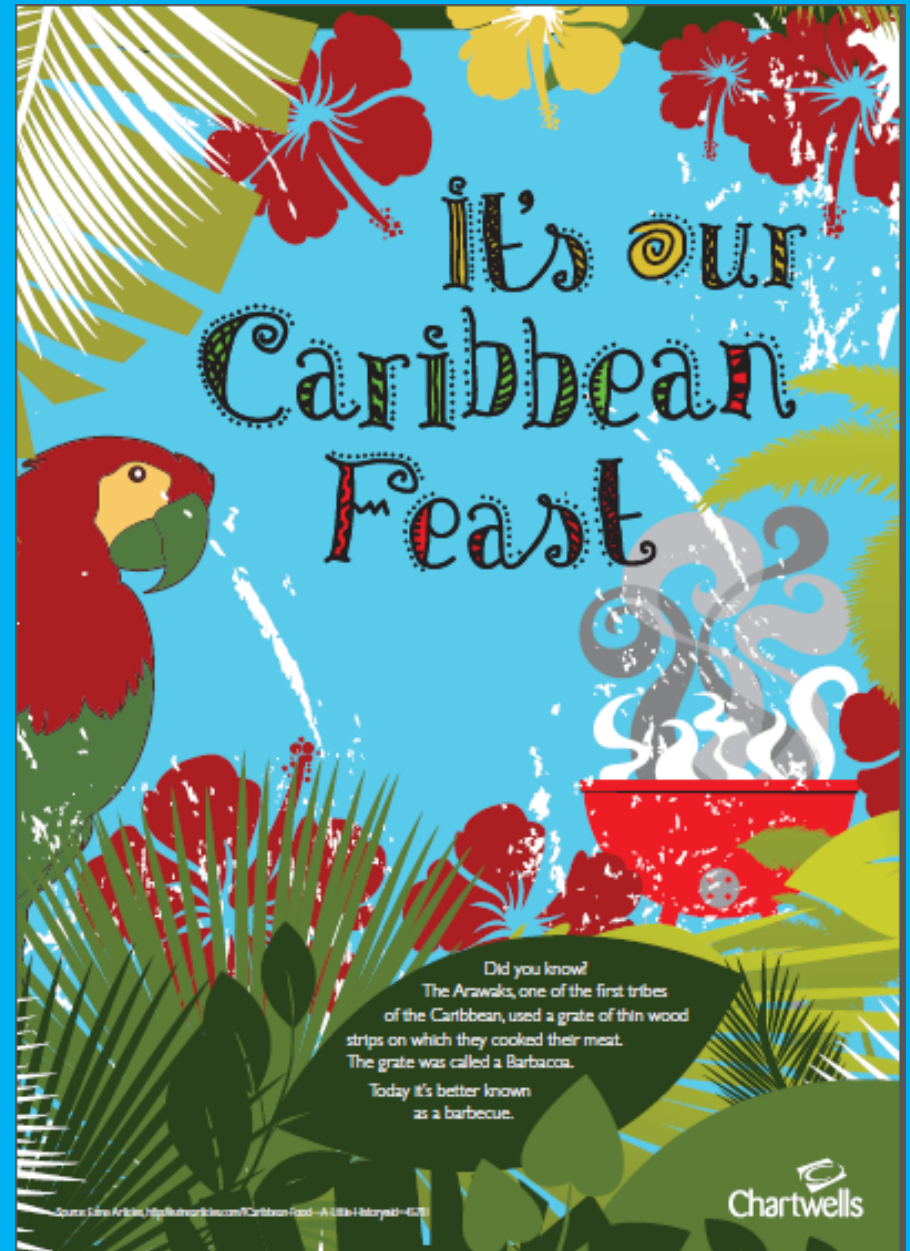
**Did you know?...**  
Remains of olive oil  
have been found in  
jugs over 4,000 years  
old in a tomb on the  
island of Melos in the  
Aegean Sea.

**Did you know?...**  
Before the ice cream cone  
became popular, Italian street  
vendors would serve ice cream  
wrapped in waxed paper known  
as a *hokky pokky* (possibly a  
corruption of the Italian  
"ecco un poco" meaning  
'here is a little')

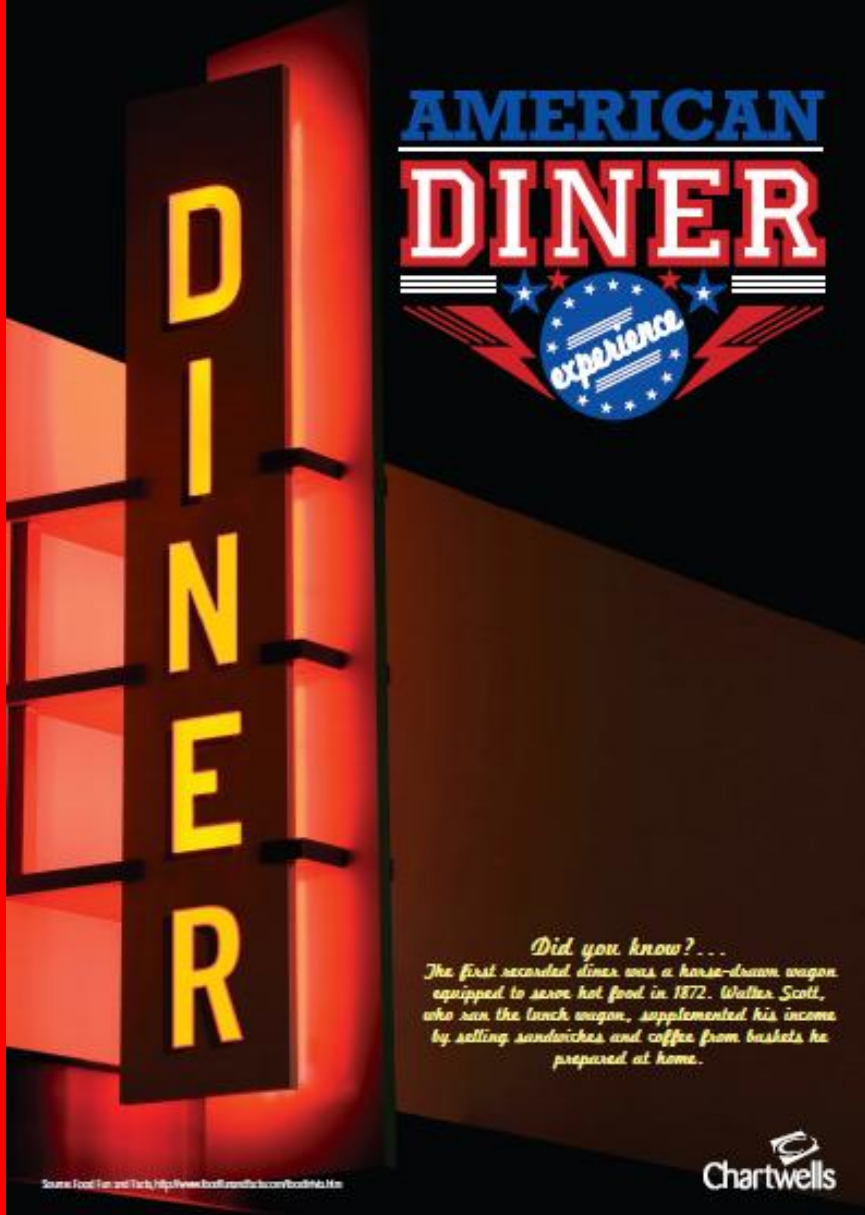
Source: National Pisto Association, <http://www.icecream.org/infoc/ital.html>

**Chartwells**

Tuesday  
16<sup>th</sup>  
June




Tuesday  
14<sup>th</sup>  
July



The image features a vertical neon sign on the left with the word "DINER" in yellow letters on a black background. To the right is the "AMERICAN DINER" logo, with "AMERICAN" in blue and "DINER" in red with white outlines. Below the logo is a circular emblem with "experience" written in a script font, surrounded by stars and wings. The background is a dark, stylized building facade.

*Did you know?...*  
*The first recorded diner was a horse-drawn wagon equipped to serve hot food in 1872. Walter Scott, who ran the lunch wagon, supplemented his income by selling sandwiches and coffee from baskets he prepared at home.*

Source: Food Fun and Facts, <http://www.foodfunandfacts.com/foodfacts.htm>

  
Chartwells



The rest to follow . . . .