

THE SACRED HEART LANGUAGE COLLEGE
TRANSITION NEWS





Welcome

Welcome to our August Transition Newsletter.

This issue will include:

- a message from Mrs. Flynn who is the Director of Study for Year 7.
- Summer check list
- How to support your daughter



A message from Mrs Flynn

- It was a great pleasure welcoming you to The Sacred Heart Language College last month, we hope that it answered many of your questions.
- But don't worry there will be plenty of opportunity to ask more of your questions when you meet your tutors again in September.
- Some of you may be starting to feel a bit nervous about September – this is normal, but let us reassure you, we will look after you and have plenty of people who will help you settle in.



Summer Checklist

August is a great time to have a look through your Transition Booklet. Below is a reminder of the sections you should complete and activities for you to do:

- About me
- Make sure you buy the correct equipment for your pencil case.
- Summer Reading Challenge - pick one book from the list over the summer and complete the Book report - two reviews from each class will be awarded a prize.
- We would love to hear about what you enjoy doing this year, any clubs you have joined and would love to continue?
- Transition Scenarios

Also:

- Make sure you have labelled all of your uniform and PE kit.
- [Top Tips](#)
- Remember to bring your transition booklet to school with you in September as you will have an opportunity to talk through some of the above in your PCT sessions with your form tutor.
- If you have not received your Transition Booklet, you will be able to access this on the school website
<http://www.tshlc.harrow.sch.uk/attachments/download.asp?file=1830&type=pdf>



Supporting your daughter

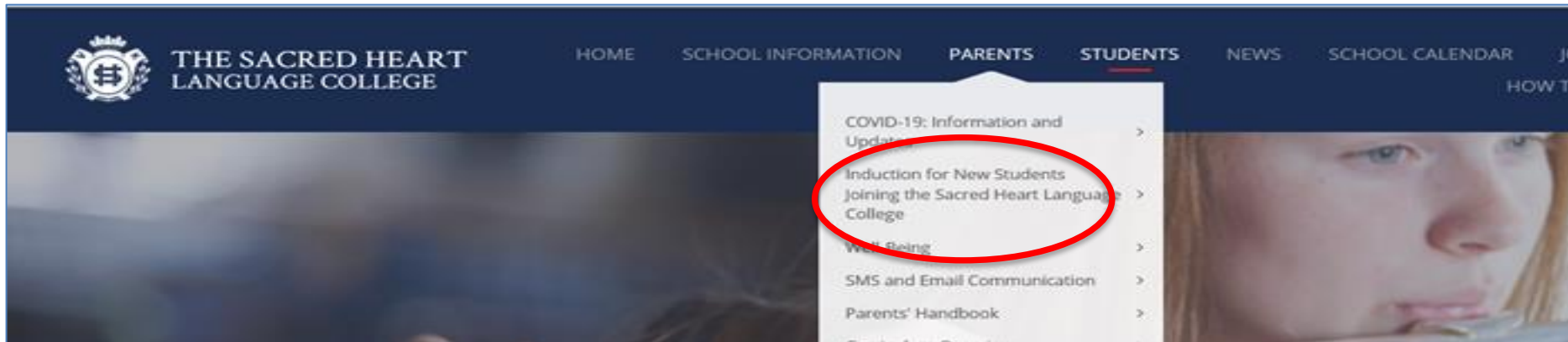
- New experiences, coupled with your feelings about leaving your child in a new place, can be a stressful time in a family's life. It is normal and acceptable to feel anxious as a parent/carer, but it is important not to pass these feelings on to your child. Support your child and encourage them to keep in touch with their group of friends as well as being open to finding new ones.
- Talk about up-and-coming change with your child and approach transitions in a positive and exciting way. Help your child express their feelings, worries and emotions about the change and acknowledge their feelings.





Preparation- what can we do?

Continue to Visit our website - www.tshlc.harrow.sch.uk. We will be continually updating the [Induction for New Students](#) section with other information.



You will learn all about Show My Homework when you come to school in September and be given log in details. For families that would like to familiarise themselves with the platform, here is a tutorial:

<https://teamsatchel.wistia.com/medias/0vck6kctxb>

Like and follow #tshlc on twitter and have a look at some of the activities the students have been involved with over the year.



Thank You

Thank you for taking the time to read our
Transition newsletter.

We hope you have found some useful advice
within.

Have a safe and restful summer!