

THE SACRED HEART LANGUAGE COLLEGE

YEAR 7 CURRICULUM EVENING





Year 7 Form Tutor Team



7H
Miss Robertson



7E
Mrs Starling



7A
Ms Moran



7R
Ms Di Lullo



7T
Ms Readhead



Key contacts – Form Tutor

- Role of the form tutor – Your daughter's form tutor is your first port of call if you have any worries about your daughter.
- The best way to contact them is using your daughter's link book.



The Role of Director of Studies

- Mrs. Flynn and Ms Aggarwal are Directors of Studies for Year 7.
- Their role is to oversee your daughter's pastoral and academic progress.



Mrs. J. Flynn



Ms. P. Aggarwal



Key contacts

- If you have an urgent concern the best way to contact us is through the Pastoral email.
- If you call the school we will endeavour to return your call within 48 hours.



When and how to make contact

- Form issues – Form tutor
enquires@tshlc.harrow.sch.uk
- Subject issues – Subject teacher/ Head of department
enquires@tshlc.harrow.sch.uk
- Wider issues Year7pastoral@tshlc.harrow.sch.uk
- Attendance Dkelleher@tshlc.harrow.sch.uk



CORE CURRICULUM

All Year 7 pupils study:

R.E.

English

Mathematics

Science

History

Geography

Technology (carousel)

P.E.

PCT (inc. PSHE)

Modern Language

Music

Art

Drama



Pastoral Curriculum

Pastoral Curriculum Plan: Autumn 1 Term

Year: 7 Theme: Human Dignity

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 4 September Focus: Imago Dei		Welcome Mass	Discuss & design Prayer space	Lesson: A pupil of The Sacred Heart	PSHE - Transition to Secondary School
Week 2 11 September Focus: My Dignity	Headteacher Assembly HEA RT- PSHE - Transition to Secondary School	Year 7 Assembly - Hall	PSHE - Transition to Secondary School	Late start – Short register Form Admin	Lesson: Talents and uniqueness of our form
Week 3 18 September Focus: Dignity of all - peace	Headteacher Assembly RT HEA – Speeches and voting for class roles	House Assembly H – Hall E – Dance ART - PSHE - Transition to Secondary School	Freshers Week Information Silent Reading Form Admin	House Assembly- A - Dance R – Hall HET - PSHE - Transition to Secondary School	House Assembly T – Hall HEAR - PSHE - Transition to Secondary School 7H Mass preparation
Week 4 25 September Focus: Confident in God's love Freshers Week	Headteacher Assembly HEA RT - Speeches and voting for class roles	European Day of Languages Activity	Year 7 Assembly – Dance	Lesson: PSHE - Transition to Secondary School	Learning Conference Reflection 7E Mass preparation
Week 5 2 October Focus: Tolerance	Headteacher Assembly RT HEA - Target Setting	Lower School Assembly - SO	University Challenge	University Challenge	Form health check – Wellbeing discussion 7A Mass preparation
Week 6 9 October Focus: Celebrating black history	Headteacher Assembly HEA RT - Target Setting	Pupil Voice lesson Form Admin	Black History Month RTS HEA – Black History Month lesson	Black History Month HEA RTS – Black History Month lesson	Year 7 Safety Assembly – Hall 7R Mass preparation
Week 7 16 October Focus: Consideration for others & Inclusion	Headteacher Assembly RT HEA– PSHE - Transition to Secondary School	Year 7 We are the Sacred Heart – Hall – DS/JF	Keeping ourselves safe – Assembly follow up	Lesson: Responsibilities of a Sacred Heart pupil	Review PCT learning 1-1 7T Mass preparation



Current Enrichment Programme for Year 7

Day	Lunchtime	After school
Monday	<ul style="list-style-type: none"> • Art Club N29 1.00 – 1.25 • Hope House activity wellbeing room 1.00- 1.25 	<ul style="list-style-type: none"> • Homework Club Study Centre, 3:10-4:00
Tuesday	<ul style="list-style-type: none"> • Mindfulness Colouring B35 1.00 - 1.30 • Elizabeth House activity wellbeing room 1.00- 1.25 • History Film Club HF42 1-1.30 • Geography Club HF42 1.00- 1.30 • Netball 1.00 – 1.25 	<ul style="list-style-type: none"> • Drama Club Drama Room 3.10 - 4.15 • Design Technology Catch up Club DT Room 3.20 • Astronomy Club S13 3.20 – 4.00 • Homework Club Study Centre, 3:10-4:00
Wednesday	<ul style="list-style-type: none"> • Samba Drumming Music Room 1.00 - 1.30 • Inclusion (games, crafts and hw) LS1 12.50 - 1.25 • Adelaide House activity wellbeing room 1.00- 1.25 	<ul style="list-style-type: none"> • Orchestra Music Room 3.20 - 4.00 • Trampolining Hall 3.30 - 4.30 • Design Technology Catch up Club DT Room 3.20 • Computer Club N25 3.30 - 4.15 • Homework Club Study Centre 3:10-4:00



Current Enrichment Programme for Year 7

Day	Lunchtime	After school
Thursday	<ul style="list-style-type: none">• Maths Drop In (puzzles, problems) S02 1.00 - 1.30• Language Film Club J16 12.50 - 1.20• Philosophy Club B33 1.00-1.30 (every alternate week)• Web journalism (English) S09 1.00 – 1.25• Maths & Chess Club T37 1.00 - 1.30• Regina House activity wellbeing room 1.00- 1.25	<ul style="list-style-type: none">• Football 3.30 - 4.30• Design Technology Catch up Club DT Room 3.20• Science Club (every 2 weeks) S13 3.20 – 4.00• Homework Club Study Centre, 3:10-4:00
Friday	<ul style="list-style-type: none">• Concert Choir Music room 1.00-1.30• Historical Literature Club HF43 1.00 - 1.30 monthly activity)• Tatiana House activity wellbeing room 1.00- 1.25	



Enhanced Learning Curriculum



Year 7 History



Type of Activity				Other
Read	"DK Eyewitness: Medieval Life"	"Measly Middle Ages: Horrible Histories"	"My Story: The Great Plague" by Pamela Odriscoll	
	3 <input type="text"/>	3 <input type="text"/>	3 <input type="text"/>	3 <input type="text"/>
Watch/Listen	"Robin Hood" by Disney	"Worst jobs in Medieval England" YouTube	"Medieval Life Documentary Pt 1 - Rich and poor, work and marriage"	
	2 <input type="text"/>	2 <input type="text"/>	2 <input type="text"/>	2 <input type="text"/>
Do	Make a model of a motte and bailey castle (real or graphic)	"Come Dine with Me": Create a medieval meal	Redesign a scene from the Bayeux Tapestry (painting, tapestry or sculpture)	
	3 <input type="text"/>	3 <input type="text"/>	3 <input type="text"/>	3 <input type="text"/>
See	Vendemia Museum in St. Albans	Visit/take a picture of the Tower of London	Visit Stansfeld Mountfichet Castle, Stansfeld	
	4 <input type="text"/>	4 <input type="text"/>	4 <input type="text"/>	4 <input type="text"/>
Think	Look at BBC: iWonder why should I care about 1066?	Life in a medieval castle English Heritage site	Medieval Games KS3historygames.co.uk	
	3 <input type="text"/>	3 <input type="text"/>	3 <input type="text"/>	3 <input type="text"/>

Every subject area has suggested

- 3 books/articles
- 3 TV/radio/YouTube vlogs
- 3 creative tasks
- 3 places to visit
- 3 research websites



Supporting your Daughter

Organisation

- One of the most important aspects to your daughter's success is how she organises her work and activities. Even though she has now started secondary school your daughter will still need help organising herself.
- A 5 minute check of the bag every evening once homework has been done can save stress in the morning and help ensure that your daughter has everything that she needs. This done regularly builds strong routine and good habit.
- Sleep should also be 'organised' or have a routine. As a family have a time that all gadgets and devices must be off by and a place downstairs where this is all kept. Blue lights, constant social media and alerts that interrupt sleep.
- Research also tells us that teenagers need 10 hours of sleep per night and that when a teenager gets less than 9 hours of sleep on a regular basis their memory function is reduced by as much as 40%.



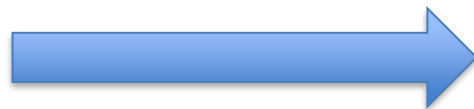
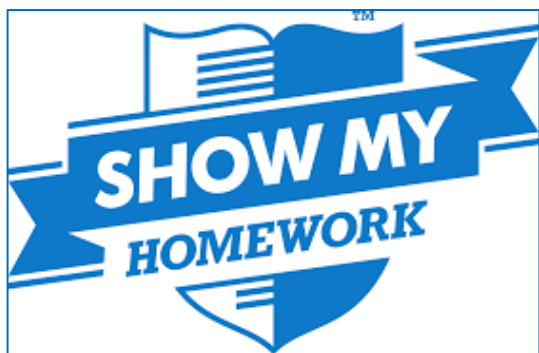
Supporting your Daughter

Homework

- At the Sacred Heart we use an online platform called Satchel One. Every teacher sets homework on this and both pupils and parents are given passwords in September. This means that both you and your daughter can see at a glance what homework has been set and the due date. This helps with organisation and allows parents to see if their child is struggling to meet deadlines. It has been invaluable during this lockdown period.
- We ask that you also check her link book as we have ask that she also write homework down as well as looking at Satchel One.
- This evening you will have received a 'Parents guide to Homework'; and would encourage you to read this document with your daughter and use it to help organise and schedule tasks.
-



Show My Homework



THE SACRED HEART LANGUAGE COLLEGE

PUPIL PROGRESS



Ms R. Sorohan – Head of School



Pupil Progress

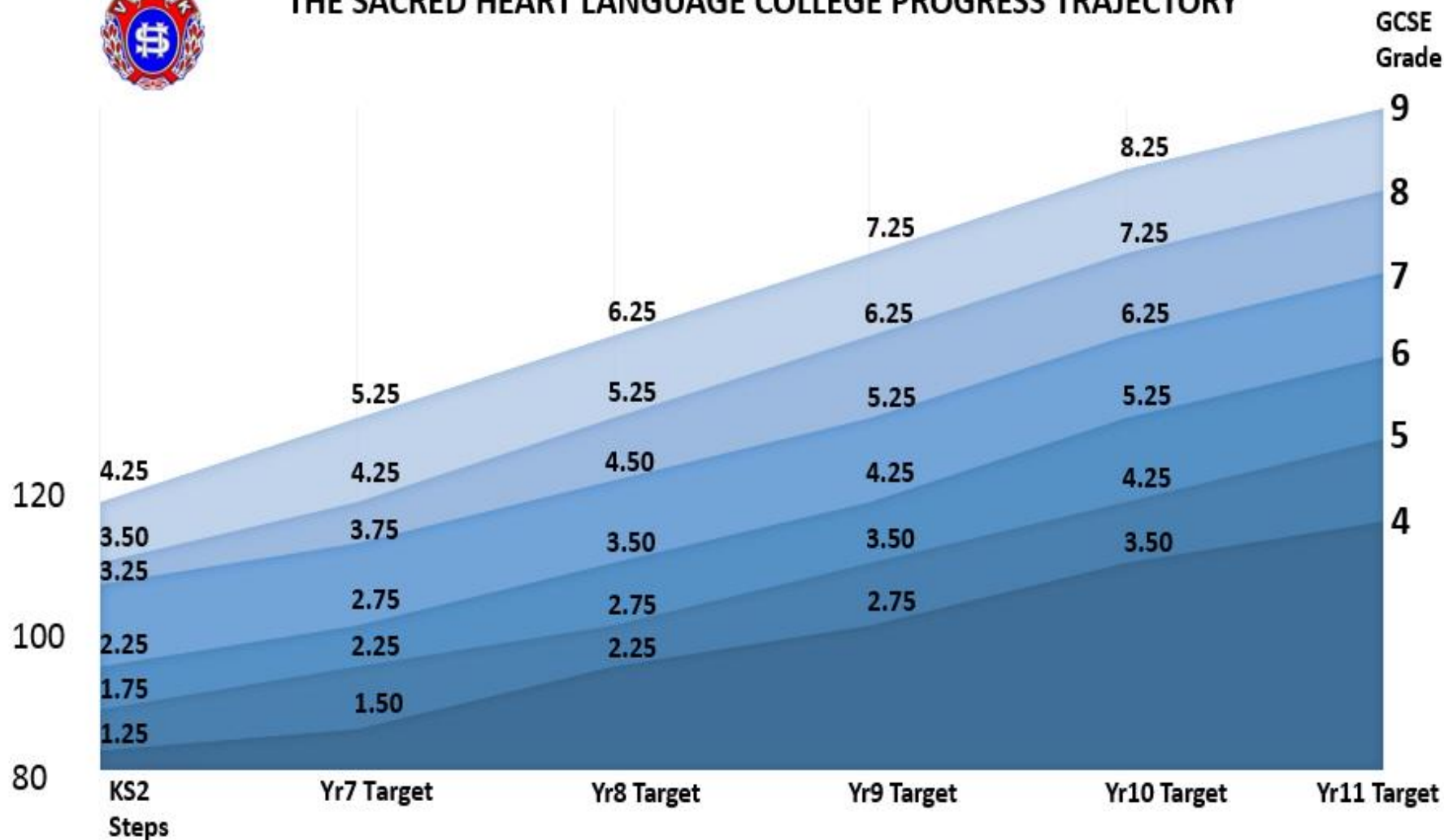
1. Regular Feedback in Lessons
2. Teacher Marking
 - WWW(What went well)
 - EBI (Even better if)
3. Pupil Engagement with Marking



The Progress Trajectory



THE SACRED HEART LANGUAGE COLLEGE PROGRESS TRAJECTORY





Attainment at the Sacred Heart

Grading 9 - 1	Sacred Heart Steps
9	9
8	8.75
	8.5
	8.25
7	7.75
	7.5
	7.25
6	6.75
	6.5
	6.25
5	5.75
	5.5
	5.25
4	4.75
	4.5
	4.25
3	3.75
	3.5
	3.25
2	2.75
	2.5
	2.25
1	1.75
	1.5
	1.25



High Expectations- Attitudes to Learning (ATL)

E - Excellent

- Have you:
 - done more than you were asked to do?
 - always worked to the best of your ability?
 - moved on to extension work and worked independently?
 - done extra research/ practice in preparation for the lesson?

G - Good

- Have you:
 - fully completed all tasks and moved onto extension tasks?
 - thought through tasks carefully before asking for help?
 - not given up and shown resilience in your learning?
 - presented your work neatly and clearly?

C - Coasting

- Have you:
 - completed the work set by your teacher?
 - contributed ideas and participated in the lesson?

U - Unsatisfactory

- **Anything below C is Unsatisfactory**



High Expectations- Homework

E - Excellent

- Do you:
 - always complete homework to the very best of your ability?
 - do extra research / practice for homework?

G - Good

- Do you:
 - always complete homework to a high standard?
 - always meet homework deadlines?

C - Coasting

- Do you:
 - complete the homework set by your teacher?
 - mostly meet homework deadlines?

U - Unsatisfactory

- **Anything below C is Unsatisfactory**



Understanding the Progress Report

The Sacred Heart Language College

Year group Form
Year 11 11R

Head of Year Form tutors
Miss R Kaur Mr A James and Ms S Lambert



Attendance* Lates
93.5% 1

Report date
13 Oct 2023

1. Targets -
End of Year
9

2. Working At –
Progress this term

3. Attitude to Learning

4. Attitudes to Learning and
Homework

Course	Working At Previous	Target - End of Year 11	Working At Current	Prediction - End of Year 11	ATL	HWK	Behaviour	Uniform
English Language	5.25	8.25	5.5	6.25	E	G		
English Literature	5.25	8.25	5.75	7.25	E	E		
Mathematics	7.25	8.5	7.5	8.5	G	G		
Biology	7.25	8.75	7.25	7.75	G	C		
Chemistry	6.75	8.75	6.5	7.25	G	G		
Physics	5.5	8.75	6.25	7.25	G	G		
History	5.75	8.75	6.25	6.75	G	G		
RE	3.25	9	6.5	7.25	E	E		
Pastoral							E	E

Working At Current: The grade you are currently working at, based on your teacher's evaluations of your assessments, classwork and homework, as well as your consistency in your approach to your learning.

Prediction - End of Year 11: The grade your teachers think you will attain at the end of the course if you continue to work hard. All students are capable of exceeding their predicted grade by increasing their attitude to learning and approach to their independent study.

Target - End of Year 11: The target grade you should aim to meet or exceed by the end of year 11.

Attitude to Learning (ATL) and Homework (HWK): these grades link directly to the Working At grade.

E - Excellent G - Good C - Coasting U - Unsatisfactory



Understanding the Progress Report

The Sacred Heart Language College

Year group
Year 11

Form
11R

Head of Year
Miss R Kaur

Form tutors
Mr A James and Ms S Lambert



Report date
13 Oct 2023

Attendance
93.5%

Lates
1

1. Attendance presented as a percentage of total school days.

2. Lateness to morning and afternoon registration

Course	Working At Previous	Target - End of Year 11	Working At Current	Prediction - End of Year 11	ATL	HWK	Behaviour	Uniform
English Language	5.25	8.25	5.5	6.25	E	G		
English Literature	5.25	8.25	5.75	7.25	E	E		
Mathematics	7.25	8.5	7.5	8.5	G	G		
Biology	7.25	8.75	7.25	7.75	G	C		
Chemistry	6.75	8.75	6.5	7.25	G	G		
Physics	5.5	8.75	6.25	7.25	G	G		
History	5.75	8.75	6.25	6.75	G	G		
RE	3.25	9	6.5	7.25	E	E		
Pastoral							E	E

3. Personal Standards of Behaviour

Working At Current: The grade you are currently working at, based on your teacher's evaluations of your assessments, classwork and homework, as well as your consistency in your approach to your learning.

Prediction - End of Year 11: The grade your teachers think you will attain at the end of the course if you continue to work hard. All students are capable of exceeding their predicted grade by increasing their attitude to learning and approach to their independent study.

Target - End of Year 11: The target grade you should aim to meet or exceed by the end of year 11.

Attitude to Learning (ATL) and Homework (HWK): these grades link directly to the Working At grade.

E - Excellent G - Good C - Coasting U - Unsatisfactory

4. Personal Standards of Uniform



Understanding the Progress Report

The Sacred Heart Language College

Year group Form
Year 11 11R

Head of Year Form tutors
Miss R Kaur Mr A James and Ms S Lambert



Attendance*
93.5%

Lates
1

Report date
13 Oct 2023

Key that explains the
grading structure

Course	Working At Previous	Target - End of Year 11	Working At Current	Prediction - End of Year 11	ATL	HWK	Behaviour	Uniform
English Language	5.25	6.25	5.5	6.25	E	G		
English Literature	5.25	6.25	5.75	7.25	E	E		
Mathematics	7.25	8.5	7.5	8.5	G	G		
Biology	7.25	8.75	7.25	7.75	G	C		
Chemistry	6.75	8.75	6.5	7.25	G	G		
Physics	5.5	8.75	6.25	7.25	G	G		
History	5.75	8.75	6.25	6.75	G	G		
RE	5.25	9	6.5	7.25	E	E		
Pastoral							E	E

WHAT THIS MEANS

Working At Current: The grade you are currently working at, based on your teacher's evaluations of your assessments, classwork and homework, as well as your consistency in your approach to your learning.

Prediction - End of Year 11: The grade your teachers think you will attain at the end of the course if you continue to work hard. All students are capable of exceeding their predicted grade by increasing their attitude to learning and approach to their independent study.

Target - End of Year 11: The target grade you should aim to meet or exceed by the end of year 11.

Attitude to Learning (ATL) and Homework (HWK): these grades link directly to the Working At grade.

E - Excellent G - Good C - Coasting U - Unsatisfactory



Reporting to Parents

Year 7 parent's evening - **9th November**

You meet all of your daughter's teachers to discuss how she has settled into her learning and her progress.

- Progress Report 1 – 15th December
- Progress Report 2 – 8th March
- Summative Report – 7th June

THE SACRED HEART LANGUAGE COLLEGE

SAFEGUARDING



Ms R. Sorohan – Head of School



Safeguarding at the Sacred Heart

- What is Safeguarding?
- Looking after your daughters safety over the next 5 years
- Safety going to and from school
- Learning how to look after themselves in today's world
- Learning about Online Safety & Relationships
- Being available to support your daughter when necessary





Relationships and Sex Education

“Your body is a temple of the Holy Spirit, who is in you, whom you have received from God, ... Therefore, honour God with your body.”

(1 Corinthians 6:19,20).

Get the facts

on Relationships
and Sex Education



Relationships and Sex Education

Year 7	Self -image and perceptions of others. Friendships and internet safety.
Year 8	A series of lessons designed to foster an appreciation that sexuality is a gift from God in the context of marriage.
Year 9	Pupils explore basic rules we live by and the importance of love as the ultimate rule guide of life. Year 9s also study gender discrimination and prejudice.
Year 10	The girls study abortion and other ethical issues.
Year 11	Explore lessons on a recipe for healthy relationships.



Relationships and Sex Education

In Year 8 and 9 students take part in 'Drop Down Days'.

Topics covered include:

- **Year 8:** Sexually transmitted infections (STIs), consent & internet safety.
- **Year 9:** Pressures faced by young people to engage in sexual activity at a relatively early age / teenage pregnancy /contraception.

Students will also have a range of Safety Assemblies.



Internet and Online Safety

Follow the code to stay safe online



ZIP IT

Keep your personal stuff private and think about what you say and do online.



BLOCK IT

Block people who send nasty messages and don't open unknown links and attachments.



FLAG IT

Flag up with someone you trust if anything upsets you or if someone asks to meet you offline.

Click Clever, Click Safe!



Internet Safety

Speak to:

if you are worried about anything.



SPEAK

to somebody if you need help.



ASK

an adult before going online.



FRIENDS

are real people we know.



ENJOY

Play, have fun and stay safe.





What can parents do?

- Make use of Safety features and parental controls on your computer, laptop & play stations etc
- Tell your daughters not to have Bluetooth on unless necessary
- Limit apps to those that can't be linked to charges
- Know passcodes
- Check usage especially at night
- Speak to your daughters about on line safety
- Be vigilant about apps like TikTok
- Read information we put on the school website
- Be constantly vigilant
- Go onto the school website-look at the section for e-safety and check the 'thinkyouknow' website
- 'Thorn for Parents' is a new section





Useful Parent Apps

- **Bark - For Social Media Monitoring**



- **QUSTODIO - Multi-platform Monitoring**





Support



Department
for Education





Parent Partnership

- Ways Parents can be involved in school life:
 - Parent Voice Forum
 - Attending community events – eg Carol Service (December 15), Summer Concert (July), Fundraising events
 - Sharing your talents through
 - Careers talks linked to your employment
- The Parent Voice Forum has been set up to ensure effective communication between the school and parents.
- Please contact enquires@tshlc.harrow.sch.uk with any ways you can support the school.

THE SACRED HEART LANGUAGE COLLEGE
YEAR 7 CURRICULUM EVENING

