

THE SACRED HEART LANGUAGE COLLEGE
TRANSITION NEWS





Welcome

Welcome to the September Transition Newsletter. This issue will include:

- A message from Mrs. Flynn & Ms. Aggarwal who are the Directors of Study for Year 7.
- Advice on being organised
- Ideas for creating good homework habits.



A message from Mrs Flynn & Ms. Aggarwal

- Welcome to the Sacred Heart! We are so happy to have you join our community.
- Remember Year 7 is about trying your best, giving new things a try, not labelling yourself, making mistakes and practice, practice, practice.
- Keep the RIGHT mindset and you will BE AWESOME!



Being organised

- One of the most important aspects to being organised is following your timetable. You will receive your timetable from your form tutor. Some students like to colour code their timetable to help them recognise subjects really easily.
- It can make it easy for others to help you if you make a copy of your timetable and put it on the fridge.
- It is important that you use your timetable to pack your bag for the next day- this helps to ensure that you bring the correct books to school. Try not to leave this task until the morning!
- Make sure you know which day you have PE on and that you know which pieces of kit are needed.

	Monday	Tuesday	Wednesday	Thursday	Friday
Period 1	English	Language	Maths	PE	Art
Period 2	Maths	Art	English	Maths	English
Period 3	Science	English	Science	Science	Maths



Good Homework Habits

- Make sure you know how to use Satchel One– your teacher will go through this with you.
- Complete homework on the day you get it – then you are more likely to include what you have learnt in class and less likely to forget it.
- Do your homework as soon as you get home and before you get into social time as it will then be harder to start if you wait.
- Create a quiet space for homework without distractions. Listening to music does not help with concentration. It is also helpful to leave your phone with a parent until you have completed your work.
- Chat to your parents about what homework you have, this will help your parents understand what you are learning and more about how our school works.





Supporting your daughter- what can we do?

Continue to Visit our website - www.tshlc.harrow.sch.uk. We will continue our Transition Newsletter in Autumn term which can be found in [Induction for New Students](#) section with other information.



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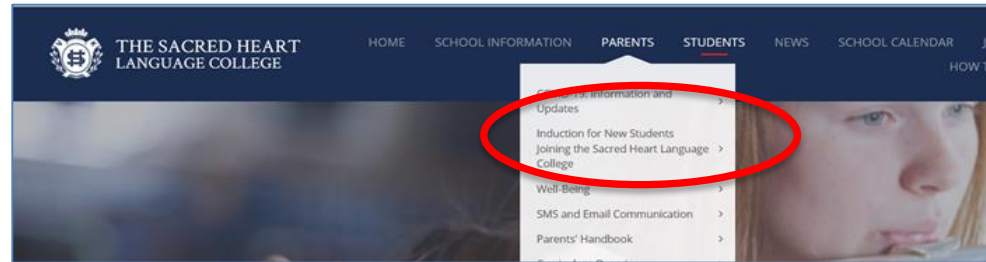
Sacred Heart, Harrow

@TSHLC

Welcome to The Sacred Heart Language College, Harrow, London.

📍 Harrow, London tshlc.harrow.sch.uk 📅 Joined November 2013

Like and follow #tshlc on twitter and have a look at some of the activities the students have been involved with over the year.



You will receive log in details for Satchel One.
Log in so you can begin to see how it works.



Thank You

Thank you for taking the time to read our Transition newsletter. I hope you have found some useful advice within.