

# My Transition Booklet



Name: \_\_\_\_\_

## **Welcome to The Sacred Heart Language College**

Dear new Year 7 Students,

Welcome to The Sacred Heart Language College. We are so pleased you have chosen to begin the next chapter of your life and education here with us. You are beginning your journey with us at a very exciting time, as we have lots of wonderful things planned for Year 7!

This pack is designed so that you can start learning about our community and includes tasks that we would like you to complete and bring with you to school in September so that we can learn more about you.

We also have a new area of the school's website dedicated to your transition - it has useful information that will answer many of your questions.

We look forward to meeting you in September,

Best wishes,

Mrs J. Flynn & Ms. E. Clep

## About Me

*Please fill in these boxes to give us a little bit of information about you!*

My favourite lesson is:

Outside of school, I love to:

The things I find difficult are:

## **Uniform Expectations**

We believe that wearing the Sacred Heart uniform creates an identity and ensures all students know they belong to our community; it also ensures a smart and consistent appearance. All students are expected to wear their uniform with pride whilst on school premises and also on the journey to and from school.

### **Uniform Compulsory items:**

Navy blue blazer with badge or Red sweater (Year 11 only)  
Navy blue kilt  
White open-necked blouse  
White ankle socks or black / navy tights (not patterned)  
Tights and socks not to be worn together  
Trainer socks are not to be worn  
Black formal school shoes only (no sports styles, trainer or 'converse' style footwear, no kicker boots)  
Navy blue or black outer jacket or coat  
Navy blue or black scarf

### **Optional items**

Navy blue pullover  
Plain white T-shirt (worn under shirt)

### **Games Wear**

Navy blue leotard  
Navy blue games skorts (skirt/shorts)  
White PE top with collar and school crest  
Plain navy-blue sweatshirt with school crest  
Navy-blue shorts with school crest  
White sports socks  
Plain navy-blue tracksuit  
Trainers

### **School bags**

These should be black or navy blue only without logos.  
They should be large enough to hold textbooks, folders, and the work for a number of subjects.

### **General Appearance**

We have a very high standard of dress at The Sacred Heart Language College. You will be expected to meet these standards at all times. You will be told to remove any item that is considered inappropriate and it will be confiscated.

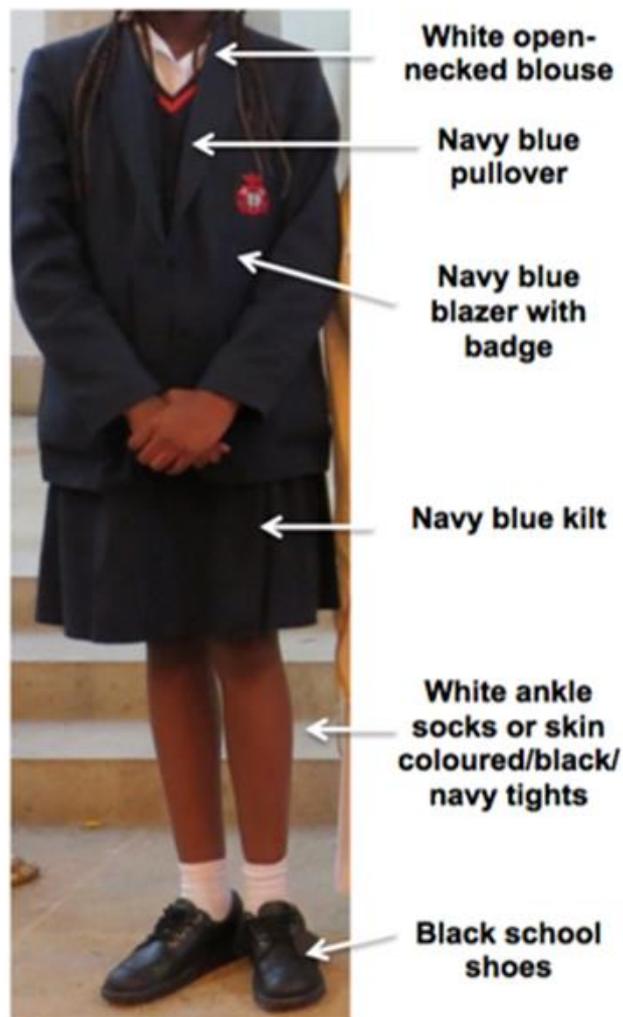
Hair needs to be neat and tidy e.g. brushed and combed. Hair colour and style must be appropriate for school, (i.e. hair should not be obviously dyed, and hairstyles should not be excessive). The teacher's decision will be final. Hair bands/clips must be black or navy blue.

Make-up is not allowed, and you will be told to remove it. Nail extensions and nail varnish must not be worn.

Jewellery will not be permitted except for a watch, a chain, a crucifix and one pair of plain silver or gold ear studs worn in ear lobes.

Outdoor clothing will not be worn in school.

Traditional school shoes must be worn. Boots of any type are not acceptable footwear. Trainers and plimsolls are forbidden unless you are taking part in a lesson that requires you to wear them.





## Reading

Reading is essential for learning! In form time once a week you will have reading time. You will also have a library lesson every other week in year 7. We have a great tradition of reading - every year, our fantastic librarian leads the Reading Challenge for which they are given awards as follows.

- Bronze = 5 books a year (different genres)
- Silver = 8 books a year (different genres)
- Gold = 10 books a year (different genres)
- Platinum Award = 15-20 books a year
- Special Award = Over 20 books a year



There are over 2,000 books in our free e-lending library and a huge number of books in the Study Centre so let's encourage our children to develop a love of reading for now and throughout life! As part of your induction you will have a session in the Study Centre to find out even more.

### Year 7 Reading List:

<b>Classic</b>	<b>Horror</b>	<b>Thriller</b>	<b>Non-Fiction</b>	<b>Multi-Cultural</b>
<i>Black Beauty</i> Anna Sewell	<i>The Graveyard Book</i> Neil Gaiman	<i>Murder Most Unladylike</i> Robin Stevens	<i>We are All Greta</i> Valentina Giannella	<i>The Garbage King</i> Elizabeth Laird
<i>Oliver Twist</i> Charles Dickens	<i>Frozen Charlotte</i> Alex Bell	<i>Twelve Minutes to Midnight</i> Christopher Edge	<i>She Speaks</i> Yvette Cooper	<i>Burning Sunlight</i> Anthea Simmons
<i>Peter Pan</i> J M Barrie	<i>City of Ghosts</i> Victoria Schwab	<i>13 Hours</i> Narinder Dhami	<i>The Diary of Anne Frank</i>	<i>The Book Thief</i> Marcus Zusak
<i>Pride &amp; Prejudice</i> Jane Austen	<i>The Prince of Mist</i> Carl Ruiz Zafon	<i>Running on the Roof of the World</i> Jess Butterworth	Biographies/ Autobiographies	<i>Blended</i> Sharon Draper

**Are there any books that you would really like to read?**

## Summer Reading Challenge

Before you start at The Sacred Heart Language College you have an opportunity to take part in our 'Summer Reading Challenge' This is not compulsory, however, if you choose to do the challenge you need to ***pick one book from the list below*** to read over the summer and when you have read the book complete the Book report enclosed with this booklet.

The Book Report should be brought in when you start school and two reviews from each class will be awarded a prize.

This will count as your first book for the Year 7 Reading Challenge.

### Recommended Summer Reads

#### Fantasy

**The Girl of Ink and Stars**  
by Kiran Millwood Hargrave

#### Historical

**Once by Morris Gleitzman**

#### Multi-Cultural

**Oranges In No Man's Land**  
by Elizabeth Laird

#### That's Life

**The Goldfish Boy by Lisa Thompson**

#### Classic

**The Railway Children by E Nesbit**

#### Non-fiction

**The Diary of Anne Frank**  
**Bob: No Ordinary Cat by James Bowen**

#### Adventure

**Lion Boy by Zizou Corder**

### Winners of Book Report Challenge 2021



## Student Voice Page

We understand that starting secondary school can be a daunting and worrying time. But here at The Sacred Heart we believe we offer a warm and friendly welcome.

Below are quotes from some of our Year 7 students:

*“Sacred Heart is a caring school because of its community. Teachers are caring to students and students know they can trust the staff.”*

*“Be calm, be focussed and be you. No-one will be unkind to you.”*

*“I was worried about coming to secondary school, but everyone is really welcoming and make you feel positive about coming to school.”*

*“This school really encourages you to be the best that you can be!”*



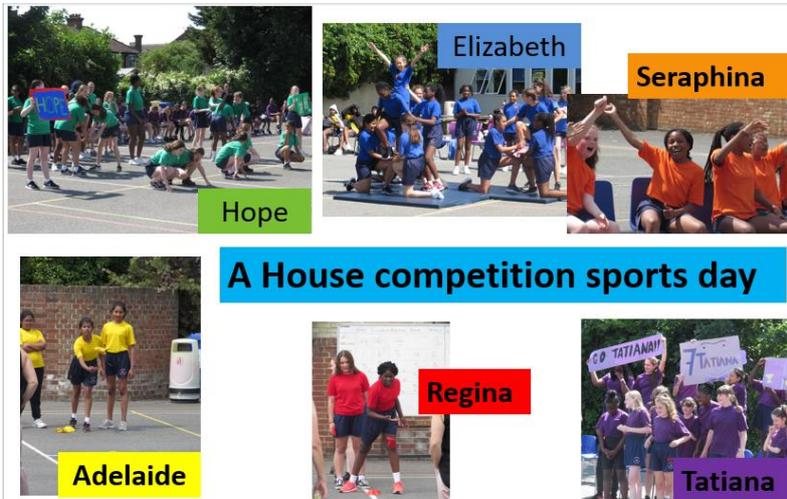
## Houses and Competitions

When you join The Sacred Heart, you will be in a house. Being part of the House System adds to a sense of belonging and pride. In your house, you will have the opportunity to put yourself forward for a Leadership role. These may include Student voice prefect and Chaplaincy link amongst others.

In your house, you will have the opportunity to take part in many varied events. Our house captains organise a range of competitions covering a variety of creative and sporting areas. Having such a variety ensures that there is something that everyone will be able to get involved with.

Our houses are connected to Our Lady, they are:

- Hope
- Elizabeth
- Adelaide
- Regina
- Tatiana
- Seraphina



Bake off competition



Photography Competition

## Enrichment at The Sacred Heart

At the Sacred Heart we believe it is important to give you opportunities to extend your learning beyond the classroom, which is why we offer a wide range of extra-curricular activities. We want all our pupils to have the opportunity to be able to develop their God given talents both inside and outside of the classroom.

Extra-curricular activities are also a great way to make new friends, boost your confidence, as well as learning important skills for life such as leadership skills, self-motivation, and time-management. This is a good opportunity to extend your personal growth through a sense of achievement beyond your subjects and academic achievements.

Every department at the Sacred Heart Language College offers a club, and you will be able to choose from a range of activities such as PE, music lessons, coding club, art club, Debating, language singing and so many more!



The Sacred Heart Language College also offers Key Stage 4 students the opportunity to enrol in The Duke of Edinburgh Programme which gives you the chance to achieve a respected award recognised throughout the World.

We enjoy celebrating special events throughout the year that enable us to learn about the world around us, such as European Day of Languages; this is a day when our pupils and staff come together to share their own culture. We also celebrate Sacred Heart Day with lots of fun activities and run a very successful Sports Day every summer when houses compete against each other. There are also regular trips to the theatre.



The school has also launched an Enhanced Learning Curriculum to help you develop your learning beyond the classroom. There is a programme of activities for each subject that will encourage you to read, watch, listen, make, see or visit to enable you to stretch your knowledge and understanding. Completing these activities will also earn you house Points!

***We would love to hear about what you enjoy doing this year, any clubs you have joined and would love to continue?***

This year I have attended the following clubs:	In year 7, I would like to do the following activities:

## Student Services and Student Wellbeing

Student services is next to the Chapel in the heart of the school. It is staffed before and after school and is your first port of call if there is a problem. All the Directors of Study are also based in the office there.



Each form has its own class Mass once a year and there are other opportunities for worship throughout the year.



Over the course of last year, students worked as a team to create a Student Wellbeing room. This is a relaxing space where you can relax before school in small groups or attend one of the activities at lunch time.

### What if...

If I am late	Go to student services and sign in
If I have lost something	Go to student services and sign in
If I feel ill	Tell an adult /Go to student services
If I am absent?	Your parents/guardians need to Ring or Email the school before 8.30am every day you are absent. Bring in a note to your form tutor when you come back in to school.
If your parent has a query	Contact the school at any time if you have any queries. Ask to speak to your child's Form Tutor or Director of Studies.

## Transition Scenarios

Have a look through these scenarios and write a little bit about what you would do if it ever they ever happened to you.

These scenarios can be discussed in form with your classmates and Year 11 form prefect.

You have just gotten off the bus and have forgotten your PE kit for your lesson today period 5!

How would you feel?

What would you do?

You have left your homework at home and it is due in today!

How would you feel?

What would you do?

Someone has said something unkind to you at breaktime.

How would you feel?

What would you do?

You are lost in the building.

How would you feel?

What would you do?

The bus/ train/ tube is no longer running/ terminates early/ is diverted and you are not sure where to go.

How would you feel?

What would you do?

## Top Tips from Year 7

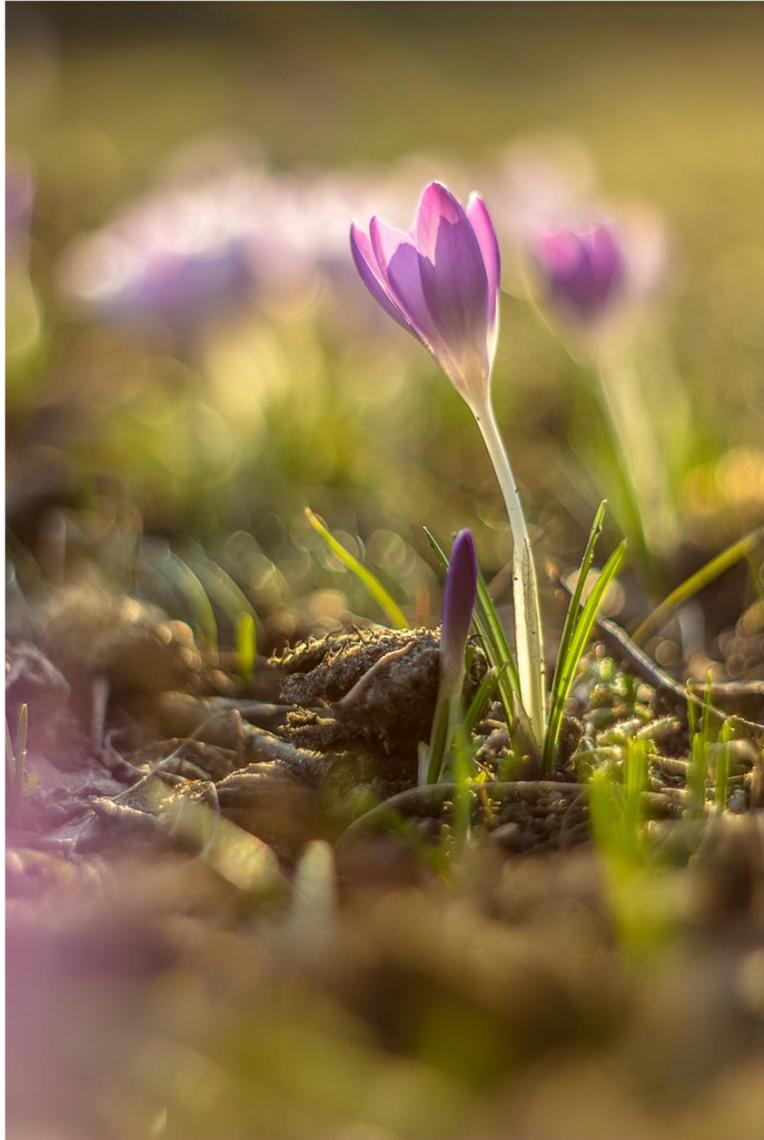
- Try to learn where the classrooms are as soon as you can.
- Wear a watch.
- Be on time for everything you need to be.
- Be confident.
- Try your best in everything.
- Be friendly.
- Try and get involved with everything you can.
- Pack your bag the night before.



*Year 7 Charity Evening, led by Year 11 Heads of House*

## Summer Tasks

- Summer Reading Challenge
- Photograph Competition



Every term the school runs a photography competition, with prizes for the top 3 photographers and the chance to earn points for your house. This Summer we are opening the competition to you too. You will have until September to submit your best photograph, on the topic of “New Beginnings”.

Email your entries to [Year7pastoral@tshlc.harrow.sch.uk](mailto:Year7pastoral@tshlc.harrow.sch.uk)

(N.B.: You have to be the photographer and cannot be on the picture!)

**Good luck to you all!**

You will get achievement points based on your effort which will go towards your house’s total for the end of term.

## Checklist for September

Over the summer, tick everything off to make sure you are prepared to start in September.

Things to check / remember	Tick
Full school uniform	
School Bag	
Your pencil case is ready with equipment	
A reading book.	
Full PE Kit (your form tutor will tell you when to start bringing it to school).	
£3 deposit for locker	
You know where to get your transport and have your oyster card	
Your Parent has topped up Parent Pay	
Lunch box packed or money for lunch from the canteen	
Set alarm for the morning	
<b>A positive mental attitude and a smile</b>	



***Staff and students look forward to  
welcoming you to  
The Sacred Heart Language College in  
September***